| BREAKFAST ENTREES | Calories
 | Calories from Fat | Total Fat
 | Saturated Fat
 | Trans Fat | Carbs
 | Fiber | Sugar | Protein | Cholesterol
 | Sodium |

--
---|---
---|--|--|--|---|
| For Total Nutritionals add Breakfast Sides | Whole Egg
 | Whole Egg | Whole Egg
 | Whole Egg
 | Whole Egg | Whole Egg
 | Whole Egg | Whole Egg | Whole Egg | Whole Egg
 | Whole Egg |
| All American Scrambler (with Bacon) - G | Eggs Whites 400 240
 | Eggs Whites 260 110 | Eggs Whites 29 12
 | Eggs Whites 11 5
 | Eggs Whites 0 0 | Eggs Whites
4 3
 | Eggs Whites 0 0 | Eggs Whites 3 1 | Eggs Whites 29 27 | Eggs Whites 640 30
 | Eggs Whites 1100 1160 |
| All American Scrambler (with Sausage) - G
Anaheim Scrambler - G | 380 230
600 440
 | 200 50
410 260 | 23 6
45 28
 | 6 0
17 12
 | 0 0 0 0.5 0.5 | 7 6
11 10
 | 0 0 4 4 | 4 2
5 2 | 35 33
38 35 | 680 70
670 60
 | 1020 1080
1270 1340 |
| Farmer's Scrambler - V, G | 370 220
 | 240 90 | 26 10
 | 11 6
 | 0 0 | 7 6
 | 1 1 | 4 2 | 27 25 | 640 30
 | 580 650 |
| Pancakes (Nutritionals include butter & 2 oz of
vanilla maple syrup) | Whole Egg
Eggs Whites
 | Whole Egg
Eggs Whites | Whole Egg
Eggs Whites
 | Whole Egg
Eggs Whites
 | Whole Egg
Eggs Whites | Whole Egg
Eggs Whites
 | Whole Egg
Eggs Whites | Whole Egg
Eggs Whites | Whole Egg
Eggs Whites | Whole Egg
Eggs Whites
 | Whole Egg
Eggs Whites |
| Pancakes with Bacon (4 stack)
Pancakes with Bacon & Eggs (4 stack) | 770
1010 850
 | 360
510 360 | 41
57 41
 | 15
21 15
 | 0.5
0.5 0 | 101
104 103
 | 2 2 2 | 55
57 55 | 20
39 37 | 125
740 125
 | 2200
2600 2660 |
| Subtract to customize - Vanilla Syrup - LF | 60
 | 0 | 0
 | 0
 | 0 | 39
 | 0 | 39 | 0 | 0
 | 10 |
| BREAKFAST SANDWICHES | Calories
Whole Egg
 | Calories from Fat
Whole Egg | Total Fat
Whole Egg
 | Saturated Fat
Whole Egg
 | Trans Fat
Whole Egg | Carbs
Whole Egg
 | Fiber
Whole Egg | Sugar
Whole Egg | Protein
Whole Egg | Cholesterol
Whole Egg
 | Sodium
Whole Egg |
| For Total Flat Nutritionals add Salsa | Eggs Whites
 | Eggs Whites | Eggs Whites
 | Eggs Whites
 | Eggs Whites | Eggs Whites
 | Eggs Whites | Eggs Whites | Eggs Whites | Eggs Whites
 | Eggs Whites |
| Anaheim Panini
Commuter Croissant | 600 520
660 580
 | 320 240
390 320 | 35 27
44 35
 | 14 11
22 19
 | 0.5* 0.5*
1* 1* | 42 41
32 31
 | 4 4
2 2 | 4 2
8 6 | 27 26
32 31 | 345 40 440 135
 | 1180 1210
1460 1490 |
| Power Flatbread - Avocado & Spinach - V
Power Flatbread - Bacon | 370 290
430 350
 | 180 110
220 150 | 20 12
25 17
 | 7 4.5
10 7
 | 0 0 | 28 27
26 26
 | 4 4
2 2 | 2 1
3 1 | 20 19
26 25 | 325 15
340 35
 | 520 550
980 1010 |
| Power Flatbread - Chicken Apple Sausage | 400 320
 | 180 100 | 20 11
 | 6 3.5
 | 0 0 | 28 27
 | 2 2 | 3 2 | 27 26 | 360 50
 | 820 850 |
| Smoked Bacon & Cheddar Panini
BREAKFAST SIDES | 630 550
Calories
 | 340 270
Calories from Fat | 38 30
Total Fat
 | 16 13
Saturated Fat
 | 0.5* 0.5*
Trans Fat | 38 38
Carbs
 | 1 1
Fiber | 2 1
Sugar | 32 30
Protein | 360 55
Cholesterol
 | 1530 1560
Sodium |
| Bacon, 3-slices - G | 160
 | 110 | 12
 | 5
 | 0 | 1
 | 0 | 1 | 10 | 30
 | 700 |
| Breakfast Potatoes - VG, G
Chicken Apple Sausage, 2-patties - G | 140
140
 | 50
50 | 6
6
 | 0
 | 0 | 19
4
 | 2 | 2 | 2
16 | 0
70
 | 160
620 |
| Harvest Toast - LF, VG
Pancakes (2 stack w/Butter & Syrup) - V | 170
390
 | 50
180 | 6
20
 | 1.5
9
 | 0 | 27
70
 | 3 | 3
47 | 6 | 5
65
 | 290
800 |
| Salsa (Power Flatbreads) - LF, VG, G | 15
 | 0 | 0
 | 0
 | 0 | 3
 | 0 | 1 | 1 | 0
 | 150 |
| Seasonal Fruit Medley - LF, VG, G
Steel-cut Oatmeal w/Brown Sugar - LF, VG, G* | 60
 | 0 | 0
 | 0
 | 0 | 15
 | 2 | 13 | 1 | 0
 | 10 |
| (Breakfast Combo Portion) | 130
 | 10 | 1.5
 | 0
 | 0 | 29
 | 2 | 15 | 3 | 0
 | 75 |
| FRUITS AND GRAINS
Berry Almond Swiss Oatmeal - V, G* | Calories
 | Calories from Fat | Total Fat
 | Saturated Fat
 | Trans Fat | Carbs
 | Fiber | Sugar | Protein | Cholesterol
 | Sodium |
| (Sweet Crisp not included) | 490
 | 90 | 10
 | 1.5
 | 0 | 87
 | 10 | 52 | 14 | 5
 | 85 |
| Swiss Oatmeal - LF, V, G*
(Sweet Crisp not included) | 360
 | 20 | 2.5
 | 0.5
 | 0 | 75
 | 6 | 45 | 10 | 5
 | 85 |
| Crunchy Honey Banana Oatmeal - V | 520
 | 70 | 7
 | 1.5
 | 0 | 107
 | 10 | 41 | 11 | 0
 | 270 |
| (Sweet Crisp not included)
Steel-cut Oatmeal w/out toppings - LF, VG, G* | 160
 | 25 | 2.5
 | 0.5
 | 0 | 29
 | 4 | 1 | 5 | 0
 | 150 |
| (Sweet Crisp not included)
Steel-cut Oatmeal w/all toppings - LF, VG, G* |
 | |
 |
 | |
 | | | - | -
 | |
| (Sweet Crisp not included) | 350
 | 100 | 11
 | 1.5
 | 0 | 57
 | 6 | 26 | 8 | 0
 | 150 |
| Oatmeal Toppings
Brown Sugar - LF, VG, G | 45
 | 0 | 0
 | 0
 | 0 | 12
 | 0 | 12 | 0 | 0
 | 0 |
| Currants - LF, VG, G | 35
 | 0 | 0
 | 0
 | 0 | 8
 | 1 | 7 | 0 | 0
 | 0 |
| Dried Cranberries - LF, VG, G
Almonds - VG, G | 25
35
 | 0
30 | 0
3
 | 0
 | 0 | 6
1
 | 0 | 5
0 | 0
1 | 0
 | 0 |
| Walnuts - VG, G
Sweet Crisp, each - V | 50
130
 | 45
40 | 5
4.5
 | 0
1
 | 0 | 1
21
 | 1 | 0 | 1 | 0
 | 0
130 |
| Fresh Berry & Yogurt Parfait - V | 370
 | 70 | 8
 | 2
 | 0 | 68
 | 5 | 37 | 10 | 10
 | 170 |
| BAGELS, MUFFINS & PASTRIES
Cinnamon Raisin Bagel - LF, VG | Calories
280
 | Calories from Fat | Total Fat
1.5
 | Saturated Fat
 | Trans Fat | Carbs
60
 | Fiber | Sugar
11 | Protein
8 | Cholesterol
 | Sodium
510 |
| Everything Bagel - VG | 320
 | 35 | 4
 | 0
 | 0 | 59
 | 3 | 5 | 8
10 | 0
 | 710 |
| Plain Bagel - LF, VG
Sesame Seed Bagel - VG | 280
310
 | 15
45 | 1.5
5
 | 0
 | 0 | 58
55
 | 3 | 5 | 9
10 | 0
 | 570
540 |
| Cream Cheese - V | 130
 | 120 | 13
 | 8
 | 0 | 2
 | 0 | 2 | 2 | 45
 | 200 |
| Peanut Butter - VG
Banana Muffin - V | 240
520
 | 190
230 | 21
26
 | 4
 | 0 | 9
67
 | 2 | 4
36 | 9
7 | 0
50
 | 190
500 |
| Blueberry Muffin - V | 520
 | 220 | 24
 | 5
 | 0 | 67
 | 2 | 31 | 6 | 50
 | 520 |
| Chocolate Muffin - V
Cinnamon Crumb Muffin - V | 520
650
 | 250
260 | 28
30
 | 7
10
 | 0 | 62
90
 | 2
1 | 35
50 | 8
7 | 65
105
 | 620
510 |
| Pumpkin Muffin - V
Apricot Walnut Rugalach - V | 450
240
 | 170
140 | 18
15
 | 3
 | 0 | 69
23
 | 1 | 48
12 | 6 | 50
20
 | 430
125 |
| Cinnamon Pecan Rugalach - V | 250
 | 140 | 16
 | 7
 | 0 | 24
 | 1 | 15 | 3 | 20
 | 120 |
| Croissant - V
Cinnamon Roll - V | 280
640
 | 140
220 | 15
25
 | 9
10
 | 0 | 29
94
 | 1 4 | 5
46 | 7 11 | 70
70
 | 320
490 |
| FRESH SALADS | Calories
 | Calories from Fat | Total Fat
 |
 | |
 | | | |
 | |
| |
 | | rotarrat
 | Saturated Fat
 | Trans Fat | Carbs
 | Fiber | Sugar | Protein | Cholesterol
 | Sodium |
| For Total Nutritionals add Focaccia Roll | Café Entrée
 | Café Entrée | Café Entrée
 | Café Entrée
 | Café Entrée | Café Entrée
 | Café Entrée | Café Entrée | Café Entrée | Café Entrée
 | Café Entrée |
| For Total Nutritionals add Focaccia Roll
Asian Wonton Salad
Caesar Salad | Café Entrée 250 510 310 620
 | Café Entrée 80 160 240 480 |
 |
 | |
 | Café Entrée 3 7 | | |
 | Café Entrée
1370 2740 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal) | 250 510
310 620
270 540
 | 80 160 240 480 120 240 | Café Entrée 9 17 27 54 13 27
 | CaféEntrée11.55114.59
 | Café Entrée 0 0 0 0 0 0 0 0 | Café Entrée 28 57 10 21 22 42
 | Café Entrée 3 7 2 4 3 6 | Café Entrée 16 32 2 5 15 29 | Café Entrée 18 36 8 15 17 33 | Café Entrée 30 55 30 60 40 80
 | CaféEntrée1370274061012307001390 |
| Asian Wonton Salad
Caesar Salad | 250 510
310 620
 | 80 160
240 480 | Café Entrée 9 17 27 54
 | Café Entrée 1 1.5 5 11
 | Café Entrée 0 0 0 0 | Café Entrée 28 57 10 21
 | Café Entrée 3 7 2 4 | Café Entrée 16 32 2 5 | Café Entrée 18 36 8 15 | Café Entrée 30 55 30 60
 | CaféEntrée137027406101230 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad | 250 510 310 620 270 540 420 840 400 800 360 720
 | 80 160 240 480 120 240 270 540 180 370 200 390 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43
 | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 11
 | Café Entrée 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0.5* | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 | Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 | Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 | Café Entrée 30 55 30 60 40 80 55 110 40
 80 55 110 | Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize | 250 510 310 620 270 540 420 840 400 800 360 720 260 510
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 | Café Entrée 9 17 27 30 30 60 20 41 22 43 11 22
 | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8
 | Café Entrée 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0.5* 0 0 | Café Entrée 28 57 10 21 122 42 16 32 38 76 25 50 35 69
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 | Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 22 44 | Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 10 | Café Entrée 30 55 30 60 40 80 55 110 40
 80 55 110 20 40 | Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 420 810 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V | 250 510 310 620 270 540 420 840 400 800 360 720
 | 80 160 240 480 120 240 270 540 180 370 200 390 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43
 | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 11
 | Café Entrée 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0.5* | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 | Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 | Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 | Café Entrée 30 55 30 60 40 80 55 110 40
 80 55 110 | Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 45 90 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 5 11
 | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2
 | Café Entrée 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0.5** 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 28 57 10 21 22 42 16 25 38 76 25 50 35 69 13 25 2 5 6 13
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 | Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 | Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 | Café Entrée 30 55 30 60 40 80 55 110 40
 80 55 110 20 40 0 0 10 25 0 0 0 0 0 0 0 0 0 0 | Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) - | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 45 90 180 360 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 5 11 20 40
 | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6
 | Café Entrée 0 0 0 0 0 0 0 0 0 0 0 0 0 0.5* 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 | Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 2 | Café Entrée 30 55 30 60 40 80 55 110 40
 80 55 110 20 40 0 0 10 25 0 0 20 35 | Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 45 90 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 5 11
 | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2
 | Café Entrée 0 0 0 0 0 0 0 0 0 0 0 0 0 0.5* 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 28 57 10 21 22 42 16 25 38 76 25 50 35 69 13 25 2 5 6 13
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 | Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 | Café Entrée 30 55 30 60 40 80 55 110 40
 80 55 110 20 40 0 0 10 25 0 0 20 35 | Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 45 90 130 270 45 90 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 21 5 11 20 40 15 30 5 10
 | Café Entrée 1 1.5 1 1.5 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 3 6 2 3.5 1 2
 | Café Entrée 0 0 0 0 0 0 0 0 0 0 0 0.5* 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 28 57 10 21 16 32 38 76 25 50 35 69 13 25 2 5 13 25 2 5 31 2 2 5 35 13 1 2 6 12 8 16
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 | Café Entrée 18 36 15 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 2 0 0 0 0 0 0 | Café Entrée 30 55 30 60 40 80 55 110 40
 80 55 110 20 40 0 0 10 20 20 35 0 0 20 35 0 0 20 35 0 0 0 0 | Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 45 90 130 270 45 90 5 10 0 0 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 5 11 20 40 15 30 5 10 0 1 0 0
 | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0
 | Café Entrée 0 0 0 0 0 0 0 0 0 0 0 0.5* 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 28 57 10 21 22 43 26 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 6 12 8 16 1 2 5 9
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 | Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 | Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 0 0 11 22 0 0 | Café Entrée 30 55 30 60 40 80 55 110 40
 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 0 0 30 55 0 0 | Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 50 100 100 200 45 90 130 270 45 90 5 10 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 5 10 5 10 0 1
 | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0
 | Café Entrée 0 0 0 0 0 0 0 0 0 0 0 0.5* 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 12 8 16 1 2 1 2 3 12
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 | Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 1 2 1 2 1 2 1 2 1 2 | Café Entrée 30 55 30 60 40 80 55 110 40
 80 55 110 40 80 55 110 0 0 0 0 0 0 0 0 20 35 0 0 0 0 30 55 | Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 200 410 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Avocado - VG, G
Bacon - G
Berry Grape Mix - LF, VG, G | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 150 35
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 50 100 130 270 45 90 5 10 0 0 30 60 50 100 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 5 10 15 30 5 10 0 1 0 0 3.5 7 6 12 0 0
 | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0.5 1 2.5 5 0 0
 | Café Entrée 0 0 | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 6 12 8 16 1 2 5 9 2 4 0 1 9 19
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| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Blue Cheese - V, G | $\begin{array}{ccccc} 250 & 510 \\ 310 & 620 \\ 270 & 540 \\ 420 & 840 \\ 400 & 800 \\ 360 & 720 \\ 260 & 510 \\ \hline \\ 100 & 200 \\ 110 & 220 \\ 80 & 160 \\ 190 & 370 \\ 160 & 320 \\ 80 & 170 \\ \hline \\ 60 & 110 \\ 15 & 30 \\ 40 & 80 \\ 80 & 150 \\ 35 & 70 \\ 60 & 110 \\ \hline \end{array}$
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Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
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Balsamic Vinaigrette (Harvest) - VG, G
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Salad Toppings - Subtract to customize
All-Natural Chicken - LF
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Baerry Grape Mix - LF, VG, G
Blue Cheese - V, G | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 170 160 320 80 170 60 110 15 30 40 80 80 170
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| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
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Cheddar Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Croutons - VG | $\begin{array}{ccccc} 250 & 510 \\ 310 & 620 \\ 270 & 540 \\ 420 & 840 \\ 400 & 800 \\ 360 & 720 \\ 260 & 510 \\ \hline \\ 100 & 200 \\ 110 & 220 \\ 80 & 160 \\ 190 & 370 \\ \hline \\ 160 & 320 \\ 80 & 170 \\ \hline \\ 60 & 110 \\ 15 & 30 \\ 40 & 80 \\ 80 & 150 \\ 35 & 70 \\ 60 & 120 \\ 60 & 110 \\ 30 & 60 \\ 45 & 90 \\ 50 & 100 \\ \end{array}$
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 | Café Entrée 0 0 0 0 0 0 0 0 0 0 0 0.5* 0 0 0 <t< td=""><td>Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 12 8 16 1 2 5 9 2 4 0 1 9 19 0 1 5 9 2 4 0 1 9 19 0 1 5 9 2 4 0 1 9 19 0 1 5 9 2 4 0 1 10 1 2 23 6 12</td><td>Café Entrée 3 7 2 4 3 6 5 9 4 8 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 1 2 0 0 0</td><td>Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 17 15 0 0 1 2 9 18 0 0</td><td>Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 1 2 0 1 2 0 1 1 2 0 1 1 2 0 1 1 1 0 1 1 1 1 1 1 1 1 2 1 1 1 2</td><td>Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 0 0 0 0 0 0 20 35 0 0 0 0 30 55 0 0 30 55 0 0 15 25 15 30 0 0 0 0 0 0 0 0</td><td>Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 340 670 340 670 210 410 0 0 2200 410 0 0 340 660 340 0 200 410 0 0 0 0 230 460 90 180 220 430 0 0 90 180 220 430 90 180</td></t<> | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 12 8 16 1 2 5 9 2 4 0 1 9 19 0 1 5 9 2 4 0 1 9 19 0 1 5 9 2 4 0 1 9 19 0 1 5 9 2 4 0 1 10 1 2 23 6 12
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 1 2 0 0 0 | Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 17 15 0 0 1 2 9 18 0 0 | Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 1 2 0 1 2 0 1 1 2 0 1 1 2 0 1 1 1 0 1 1 1 1 1 1 1 1 2 1 1 1 2 | Café Entrée 30 55 30 60 40 80 55 110 40
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| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Blue Cheese - V, G
Cheddar Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Croutons - VG
Edamame Salad - VG
Goat Cheese - V | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 80 150 35 70 60 110 30 60 445 90 50 100 35 70
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| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
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Croutons - VG
Edamame Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Parmesan Cheese - G | $\begin{array}{ccccc} 250 & 510 \\ 310 & 620 \\ 270 & 540 \\ 420 & 840 \\ 400 & 800 \\ 360 & 720 \\ 260 & 510 \\ \hline \\ 100 & 200 \\ 110 & 220 \\ 80 & 160 \\ 190 & 370 \\ 160 & 320 \\ 80 & 160 \\ 190 & 370 \\ 160 & 320 \\ 80 & 170 \\ \hline \\ 60 & 110 \\ 15 & 30 \\ 40 & 80 \\ 80 & 150 \\ 35 & 70 \\ 60 & 120 \\ 60 & 110 \\ 30 & 60 \\ 45 & 90 \\ 55 & 100 \\ \hline \end{array}$
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| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
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Salad Toppings - Subtract to customize
All-Natural Chicken - LF
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Blue Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Croutons - VG
Edamame Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Parmesan Cheese - V | $\begin{array}{ccccc} 250 & 510 \\ 310 & 620 \\ 270 & 540 \\ 420 & 840 \\ 400 & 800 \\ 360 & 720 \\ 260 & 510 \\ \hline \end{array}$
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| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
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Salad Dressings - Subtract to customize
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Cheddar Cheese - V, G
Cheddar Cheese - V, G
Croutons - VG
Edamame Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Parmesan Cheese - G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G | $\begin{array}{ccccc} 250 & 510 \\ 310 & 620 \\ 270 & 540 \\ 420 & 840 \\ 400 & 800 \\ 360 & 720 \\ 260 & 510 \\ \hline \end{array}$ $\begin{array}{cccc} 100 & 200 \\ 110 & 220 \\ 80 & 160 \\ 190 & 370 \\ 160 & 320 \\ 80 & 170 \\ \hline \end{array}$ $\begin{array}{cccc} 80 & 170 \\ 60 & 110 \\ 15 & 30 \\ 40 & 80 \\ 80 & 150 \\ 35 & 70 \\ 60 & 120 \\ 60 & 110 \\ 15 & 35 \\ 70 \\ 60 & 120 \\ 60 & 100 \\ 140 \\ 35 & 70 \\ 15 & 25 \\ 50 & 110 \\ 70 & 130 \\ 10 & 25 \\ 80 & 160 \\ \end{array}$
 | $\begin{array}{cccccccccccccccccccccccccccccccccccc$ | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 5 10 5 10 0 1 0 0 3.5 7 6 12 0 0 3.5 7 6 12
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 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 1 2 0 0 0 1 1 1 2 0 0 0 1 1 2 0 0 0 1 1 2 1 2 1 2 1 2 | Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 1 3 6 0 0 11 1 3 6 0 0 0 0 12 9 18 0 0 0 1 1 3 6 0 0 1 1 3 6 0 0 | Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 1 5 10 0 1 4 7 3 5 0 1 2 3 3 5 0 1 4 9 1 2 1 2 1 2 1 2 1 2 1< | Café Entrée 30 55 30 60 40 80 55 110 40
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| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Buccado - VG, G
Bue Cheese - V, G
Cheddar Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Parmesan Cheese - Q
Tomatoes - Diced - LF, VG, G | $\begin{array}{ccccc} 250 & 510 \\ 310 & 620 \\ 270 & 540 \\ 420 & 840 \\ 400 & 800 \\ 360 & 720 \\ 260 & 510 \\ \hline \end{array}$
 | $\begin{array}{cccccccccccccccccccccccccccccccccccc$ | Café Entrée 9 17 27 50 30 60 20 41 22 43 11 22 6 11 11 22 5 10 5 10 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0
 1 0 0 3.5 7 6 12 0 0 3.5 10 4.5 9 1 2 0 0 2.5 5 3 6 0 0 2.5 5 3 6 0 0 4 8 | Café Entrée 1 1.5 1 1.5 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0.5 1 2.5 5 0 0 3 6 3 6 3 6 3 6 3 6 3 6 0 0 0 0 0 0 0 0 2 3.5 0 0 2 3.5 0 0 2 4.5 0 1 0 0 <td>Café Entrée 0 0</td> <td>Café Entrée 28 57 10 21 16 32 38 76 25 50 35 69 13 25 2 5 13 25 2 5 35 69 13 25 2 5 3 12 8 16 1 2 6 12 8 16 1 2 5 9 1 2 6 12 8 16 1 2 5 9 12 23 6 12 3 6 11 1 3 6 0 1 3 5</td> <td>Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 1 2 0 0 0 1 1 1 2 0 0 1 1 2 0 0 0 0 1 0 0
 0 1 0 1</td> <td>Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 11 1 1 3 6 0 9 <td< td=""><td>Café Entrée 18 36 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 11 22 0 0 11 22 0 0 11 22 0 0 11 22 0 0 1 2 10 0 1 1 0 0 1 2 8 3 5 0 1 2 1 2</td><td>Café Entrée 30 55 30 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 20 30 55 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 15 30 0 0 15 30 0 0 15 25 15 25 0 0 15 25 0 0 15 25 0 0 10 25 0 0 0 0 <!--</td--><td>Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 340 680 0 0 340 680 0 0 220 410 0 0 230 460 90 180 220 430 0 0 90 180 50 100 0 0 180 350 100 0 180 350 50 130</td></td></td<></td> | Café Entrée 0 0 | Café Entrée 28 57 10 21 16 32 38 76 25 50 35 69 13 25 2 5 13 25 2 5 35 69 13 25 2 5 3 12 8 16 1 2 6 12 8 16 1 2 5 9 1 2 6 12 8 16 1 2 5 9 12 23 6 12 3 6 11 1 3 6 0 1 3 5
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 1 2 0 0 0 1 1 1 2 0 0 1 1 2 0 0 0 0 1 0 0 0 1 0 1 | Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 11 1 1 3 6 0 9 <td< td=""><td>Café Entrée 18 36 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 11 22 0 0 11 22 0 0 11 22 0 0 11 22 0 0 1 2 10 0 1 1 0 0 1 2 8 3 5 0 1 2 1 2</td><td>Café Entrée 30 55 30 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 20 30 55 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 15 30 0 0 15 30 0 0 15 25 15 25 0 0 15 25 0 0 15 25 0 0 10 25 0 0 0 0 <!--</td--><td>Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 340 680 0 0 340 680 0 0 220 410 0 0 230 460 90 180 220 430 0 0 90 180 50 100 0 0 180 350 100 0 180 350 50 130</td></td></td<> | Café Entrée 18 36 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 11 22 0 0 11 22 0 0 11 22 0 0 11 22 0 0 1 2 10 0 1 1 0 0 1 2 8 3 5 0 1 2 1 2 | Café Entrée 30 55 30 80 55 110 40 80 55
 110 40 80 55 110 20 40 0 0 10 20 30 55 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 15 30 0 0 15 30 0 0 15 25 15 25 0 0 15 25 0 0 15 25 0 0 10 25 0 0 0 0 </td <td>Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 340 680 0 0 340 680 0 0 220 410 0 0 230 460 90 180 220 430 0 0 90 180 50 100 0 0 180 350 100 0 180 350 50 130</td> | Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 340 680 0 0 340 680 0 0 220 410 0 0 230 460 90 180 220 430 0 0 90 180 50 100 0 0 180 350 100 0 180 350 50 130 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Corn Salsa
Dried Cranberries - LF, VG, G
Corn Salsa
Dried Cranberries - LF, VG, G
Corn Salsa
Dried Cranberries - LF, VG, G
Fedamame Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Parmesan Cheese - G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Tortilla Strips - VG, G
Walnuts - VG, G
Wanton Strips - LF, VG | $\begin{array}{ccccc} 250 & 510 \\ 310 & 620 \\ 270 & 540 \\ 420 & 840 \\ 400 & 800 \\ 360 & 720 \\ 260 & 510 \\ \hline \end{array}$ $\begin{array}{cccc} 100 & 200 \\ 110 & 200 \\ 80 & 160 \\ 190 & 370 \\ \hline 160 & 320 \\ 80 & 170 \\ \hline \end{array}$ $\begin{array}{cccc} 60 & 110 \\ 15 & 30 \\ 40 & 80 \\ 80 & 150 \\ 35 & 70 \\ 60 & 110 \\ 15 & 30 \\ 40 & 80 \\ 80 & 150 \\ 35 & 70 \\ 60 & 120 \\ 60 & 110 \\ 35 & 70 \\ 60 & 120 \\ 60 & 110 \\ 35 & 70 \\ 60 & 120 \\ 60 & 110 \\ 35 & 70 \\ 60 & 120 \\ 60 & 110 \\ 35 & 70 \\ 60 & 120 \\ 60 & 110 \\ 35 & 70 \\ 60 & 120 \\ 60 & 110 \\ 35 & 70 \\ 60 & 120 \\ 60 & 110 \\ 35 & 70 \\ 60 & 120 \\ 60 & 110 \\ 35 & 70 \\ 10 & 25 \\ 50 & 110 \\ 70 & 130 \\ 10 & 25 \\ 80 & 160 \\ 70 & 150 \\ \end{array}$
 | $\begin{array}{cccccccccccccccccccccccccccccccccccc$ | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 5 10 15 30 5 10 0 1 0 0 35 7 6 12 0 0 35 10
 0 1 0 0 30 5 10 0 30 5 10 0 20 0 2.5 5 3 6 0 0 2.5 5 3 6 0 0 2.5 5 3 6 0 0 <t< td=""><td>Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 12.5 5 0 0 0 0 0 0 0 0 0 0 2 3.5 0 0 2 3.5 0 0 2 4.5 0 0 0 0</td><td>Café Entrée 0 0</td><td>Café Entrée 28 57 10 22 16 32 38 76 25 50 35 69 13 25 2 5 13 25 2 5 36 13 1 2 6 12 8 16 1 2 5 9 2 4 0 1 9 19 0 1 5 9 12 23 6 12 3 6 12 23 6 12 7 1 3 6 11 1 3 5 11 22 2 3 5 9 </td><td>Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 0 0 0 1 2 0 0 1 2 0 0 1 1 2 0 0 1 1 2 0 0 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2</td><td>Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 11 1 3 6 0 0 111 1 3 6 0 0 111 1 3 6 0 0 111 1 3 6 0 0 111 1 3 6 0 0 2 5</td><td>Café Entrée 18 36 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 11 22 0 0 11 22 0 0 11 22 0 0 14 7 15 10 0 1 2 3 3 5 0 1 2 3 1 2 1 2 1 2 1 2</td><td>Café Entrée 30 55 30 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 15 25 0 0 0 0 0 0 0 0 15 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 <t< td=""><td>Café Entrée 1370 2740 1300 1330 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 340 680 0 0 220 430 0 0 340 680 0 0 220 430 0 0 230 460 180 350 0 0 90 180 50 100 0 0 130 350 101 355 102 103 135 70 0 0 555 105</td></t<></td></t<> | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 12.5 5 0 0 0 0 0 0 0 0 0 0 2 3.5 0 0 2 3.5 0 0 2 4.5 0 0 0 0
 | Café Entrée 0 0 | Café Entrée 28 57 10 22 16 32 38 76 25 50 35 69 13 25 2 5 13 25 2 5 36 13 1 2 6 12 8 16 1 2 5 9 2 4 0 1 9 19 0 1 5 9 12 23 6 12 3 6 12 23 6 12 7 1 3 6 11 1 3 5 11 22 2 3 5 9
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 0 0 0 1 2 0 0 1 2 0 0 1 1 2 0 0 1 1 2 0 0 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 | Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 11 1 3 6 0 0 111 1 3 6 0 0 111 1 3 6 0 0 111 1 3 6 0 0 111 1 3 6 0 0 2 5 | Café Entrée 18 36 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 11 22 0 0 11 22 0 0 11 22 0 0 14 7 15 10 0 1 2 3 3 5 0 1 2 3 1 2 1 2 1 2 1 2 | Café Entrée 30 55 30 80 55 110 40 80 55
 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 15 25 0 0 0 0 0 0 0 0 15 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 <t< td=""><td>Café Entrée 1370 2740 1300 1330 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 340 680 0 0 220 430 0 0 340 680 0 0 220 430 0 0 230 460 180 350 0 0 90 180 50 100 0 0 130 350 101 355 102 103 135 70 0 0 555 105</td></t<> | Café Entrée 1370 2740 1300 1330 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 340 680 0 0 220 430 0 0 340 680 0 0 220 430 0 0 230 460 180 350 0 0 90 180 50 100 0 0 130 350 101 355 102 103 135 70 0 0 555 105 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Blue Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Corteddar Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Bacon - VG
Edamame Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Parmesan Cheese - G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Tortilla Strips - VG, G
Walnuts - VG, G
TRIO / TRIO SIDE SALADS
For Total Nutritionals add Focaccia Roll | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 80 150 35 70 60 110 30 60 410 35 50 100 140 35 50 110 35 70 15 25 50 110 70 130 10 25 80 160 70 150 20 45
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 50 100 130 270 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 45 90 44 80 10 15 0 0 25 50 0 0 35 70 20 40 0 0 35 70 0 0 35 70 0 0 35 70 30 0 0 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 5 10 0 40 15 30 5 10 0 1 0 0 3.5 7 6 12 0 0
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| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
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Cheddar Cheese - V, G
Cheddar Cheese - V, G
Com Salsa
Dried Cranberries - LF, VG, G
Edamame Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Parmesan Cheese - G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Tartilla Strips - VG, G
Walnuts - VG, G
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Malnuts - VG, G
Walnuts - VG, G | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 60 120 60 120 60 120 60 100 30 60 445 90 50 100 15 25 50 110 70 15 25 160 70 150 20 45 20 45 25 170
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 50 100 130 270 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 45 90 10 15 0 0 45 90 40 80 10 15 0 0 25 50 0 0 35 70 20 40 0 0 35 70 130 0 0 0 20 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 6 11 12 40 15 30 5 10 0 1 0 1 0 1 0 0 3.5 7 6 12 0 0 3.5 7 6 12 0 0 2.5 5 3 6 0 0 2.5 5 3 6 0 0 4 8 2 4.5 0 0 4 8 7 15 <t< td=""><td>Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 2 3 6 3 6 0 0 0 0 0 0 2 3.5 0 0 0 0 0 0 0 0 0 0 0 0 0<</td><td>Café Entrée 0 0 0 0 0 0 0 0 0 0
 0 0 0 0</td><td>Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 6 12 8 16 1 2 5 9 0 1 9 19 0 1 5 9 12 23 6 12 3 6 12 23 6 12 7 1 3 6 0 1 3 5 11 22 2 3 5 9 2 3 5 9 1 22</td><td>Café Entrée 3 7 2 4 3 5 9 4 8 4 8 4 8 4 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 0 1 1 2 0 0 1 2 0 0 1 2 1 2 0 0 1 2 0</td><td>Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 11 1 3 6 0 0 11 1 3 6 0 0 11 1 3 6 0 0 13 6 0 0 11 1 3 6 0 0 1 1 0 0 <t< td=""><td>Café Entrée 18 36 8 15 17 37 19 37 19 38 5 100 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 1 0 0 1 2 3 5 0 0 1 2 3 5 1 2 1 2 1 2 1 2 2</td><td>Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 30 55 0 0 15 30 0 0 15 30 0 0 0 0 0 0 15 25 0 0 15 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>Café Entrée 1370 2740 1300 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 230 460 0 0 230 460 90 180 220 430 0 0 230 460 90 180 220 430 0 0 90 180 250 100 0 0 180 350 50 100 5 10 35 70 0 0 55 105 350 105</td></t<></td></t<> | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 2 3 6 3 6 0 0 0 0 0 0 2 3.5 0 0 0 0 0 0 0 0 0 0 0 0 0<
 | Café Entrée 0 0 | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 6 12 8 16 1 2 5 9 0 1 9 19 0 1 5 9 12 23 6 12 3 6 12 23 6 12 7 1 3 6 0 1 3 5 11 22 2 3 5 9 2 3 5 9 1 22
 | Café Entrée 3 7 2 4 3 5 9 4 8 4 8 4 8 4 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 0 1 1 2 0 0 1 2 0 0 1 2 1 2 0 0 1 2 0 | Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 11 1 3 6 0 0 11 1 3 6 0 0 11 1 3 6 0 0 13 6 0 0 11 1 3 6 0 0 1 1 0 0 <t< td=""><td>Café Entrée 18 36 8 15 17 37 19 37 19 38 5 100 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 1 0 0 1 2 3 5 0 0 1 2 3 5 1 2 1 2 1 2 1 2 2</td><td>Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 30 55 0 0 15 30 0 0 15 30 0 0 0 0 0 0 15 25 0 0 15 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>Café Entrée 1370 2740 1300 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 230 460 0 0 230 460 90 180 220 430 0 0 230 460 90 180 220 430 0 0 90 180 250 100 0 0 180 350 50 100 5 10 35 70 0 0 55 105 350 105</td></t<> | Café Entrée 18 36 8 15 17 37 19 37 19 38 5 100 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 1 0 0 1 2 3 5 0 0 1 2 3 5 1 2 1 2 1 2 1 2 2 | Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 30 55 0 0 15 30 0 0 15 30 0 0 0 0 0 0 15 25 0 0 15 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0
 | Café Entrée 1370 2740 1300 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 230 460 0 0 230 460 90 180 220 430 0 0 230 460 90 180 220 430 0 0 90 180 250 100 0 0 180 350 50 100 5 10 35 70 0 0 55 105 350 105 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Blue Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Croutons - VG
Edamame Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Parmesan Cheese - Q
Tomatoes - Diced - LF, VG, G
Parmesan Cheese - V
Tomatoes - Diced - LF, VG, G
Parmesan Cheese - V
Tomatoes - Diced - LF, VG, G
Trottila Strips - VG, G
Wonton Strips - LF, VG | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 35 70 60 60 110 35 70 60 110 35 70 60 110 35 70 60 110 35 70 15 25 50 160 70 130 10 25 80 160 70 150 20 45
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 45 90 5 10 0 0 45 90 5 10 0 0 45 90 5 10 0 0 40 80 10 15 0 0 25 50 0 0 35 70 70 130 0 0 0 <t< td=""><td>Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 6 11 12 40 15 30 5 10 0 1 0 1 0 1 0 0 3.5 7 6 12 0 0 3.5 7 6 12 0 0 2.5 5 3 6 0 0 2.5 5 3 6 0 0 2 4.5 0 0 4 8 7 15 0 0 <</td><td>Café Entrée 1 1.5 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0.5 1 2.5 5 0 0 0.5 1 2.5 5 0 0 0.5 1 2.5 5 0 0 0 0 0 0 0 0 2 3.5 0 0 2 4.5 0 0 0 0 0 0 0 0 0 0</td><td>Café Entrée 0 0</td><td>Café Entrée 28 57 10 21 16 32 38 76 25 50 35 69 13 25 2 5 13 25 2 5 35 69 13 25 2 5 3 16 1 2 6 12 8 16 1 2 4 0 1 2 5 9 12 23 6 12 3 6 12 23 6 12 13 6 12 23 6 12 1 1 3 5 11 22 2 3 5 9 <t< td=""><td>Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2</td><td>Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 0 11 1 3 6 0 0 2 5 0 0 2 5 0 0</td><td>Café Entrée 18 36 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 11 22 0 0 11 22 0 1 2 10 0 1 4 9 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 2 3 5</td></t<><td>Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 15 30 0 0 15 25 0 0 15 25 0 0 10 25 0 0 0 0 0 0 0 0 0 0</td><td>Café Entrée 1370 2740 1300 1330 1350 2710 750 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 220 410 0 0 340 680 0 0 220 430 0 0 90 180 220 430 0 0 90 180 50 100 0 0 180 350 180 350 180 350 1935 70 0 0 35 105<</td></td></t<> | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 6 11 12 40 15 30 5 10 0 1 0 1 0 1 0 0 3.5 7
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 | Café Entrée 0 0 | Café Entrée 28 57 10 21 16 32 38 76 25 50 35 69 13 25 2 5 13 25 2 5 35 69 13 25 2 5 3 16 1 2 6 12 8 16 1 2 4 0 1 2 5 9 12 23 6 12 3 6 12 23 6 12 13 6 12 23 6 12 1 1 3 5 11 22 2 3 5 9 <t< td=""><td>Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2</td><td>Café Entrée 16 32 15 29
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| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Blue Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Goat Cheese - V, G
Coroutons - VG
Edamame Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Parmesan Cheese - G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Tortilla Strips - VG, G
Wonton Strips - LF, VG
TRIO / TRIO SIDE SALADS
For Total Nutritionals add Focaccia Roll
Mixed Greens w/dressing (garnish) - VG
Caesar Salad
Mixed Greens Salad w/dressing - V
Salad Dressings - Subtract to customize
Caesar - G | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 35 70 60 60 110 35 70 60 110 35 70 60 110 35 70 60 110 35 70 15 25 50 160 70 130 10 25 80 160 70 150 20 45 25 170 100 25 107 100
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0 1 0 0 3.5 7 6 12 0 0 2.5 5 3 6 0 0 2.5 5 3 6 0 0 4 8 7 15 0 0 4 8 7 15 | Café Entrée 1 1.5 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0.55 1 2.5 5 0 0 0.5 1 2.5 5 0 0 0 0 0 0 0 0 0 0 1 0 0 0 0 0 1.5 0 0 0 2 4.5 0 0 0 0 0 0 0 0
 | Café Entrée 0 0 | Café Entrée 28 57 10 21 122 42 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 6 12 8 16 1 2 4 0 1 2 6 12 8 16 1 2 4 0 1 2 5 9 12 23 6 12 3 6 17 1 3 6 10 1 3 5 11 22 2 3 5 9 11 22 2 3
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| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Cheddar Cheese - V, G
Cheddar Cheese - V, G
Cheddar Cheese - V, G
Croutons - VG
Edamame Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Wonton Strips - LF, VG
Wonton Strips - LF, VG
Total Nutritionals add Focaccia Roll
Mixed Greens Valdressing (v
Salad Dressings - Subtract to customize
Caesar - G
House Dressing (Carnish) - VG
Caesar Salad
Mixed Greens Salad w/dressing - V
Salad Dressings - Subtract to customize
Caesar - G
House Dressing (JG, G
Asian Edamame Salad - VG | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 80 150 35 70 60 110 35 70 60 120 60 103 35 70 15 25 50 100 15 25 50 110 70 130 10 25 80 160 70 150 20 45 Calories 25 170 <
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 50 100 130 270 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 30 60 50 110 0 0 45 90 40 80 10 15 0 0 25 50 0 0 35 70 20 40 0 0 35 70 130 0 140 70 10 <td>Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 5 10 15 30 5 10 0 1 0 0 35 7 6 12 0 0 35 70 4.5 9 1 2 0 0 2.5 5 3 6 0 0 2.5 5 3 6 0 0 4.8 7 15 7 15 7 12 6 2.5 5</td> <td>Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0<td>Café Entrée 0 0</td><td>Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 12 8 16 1 2 5 9 2 4 1 2 5 9 2 4 1 2 5 9 2 4 1 2 5 9 1 2 3 6 12 23 6 12 3 6 1 2 3 6 1 2 3 9 1 2 2 3 5 9 <td< td=""><td>Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 0 1 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 0 0</td><td>Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 3 6 0 1 3 6 0 0 0 1 3 6 0 0 0 1 3 6 0 10 0 11 1 1 1 4 1 1</td><td>Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 1 2 3 1 2 3 5 0 1 2 3 1 2 1 2 3 5 0 1 2 3 1 2 2</td><td>Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 25 15 30 0 0 0 0 0 0 0 0 10 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 340 660 90 180 0 0 340 630 0 0 90 180 90 180 90 180 90 180 90 180 90 180 90 180 90 130 5 100 35 70 0 0 55 105 340 290 340 290<!--</td--></td></td<></td></td> | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 5 10 15 30 5 10 0 1 0 0 35 7 6 12 0 0 35 70
 4.5 9 1 2 0 0 2.5 5 3 6 0 0 2.5 5 3 6 0 0 4.8 7 15 7 15 7 12 6 2.5 5 | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 <td>Café Entrée 0 0</td> <td>Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 12 8 16 1 2 5 9 2 4 1 2 5 9 2 4 1 2 5 9 2 4 1 2 5 9 1 2 3 6 12 23 6 12 3 6 1 2 3 6 1 2 3 9 1 2 2 3 5 9 <td< td=""><td>Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 0 1 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 0 0</td><td>Café Entrée 16
 32 2 5 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 3 6 0 1 3 6 0 0 0 1 3 6 0 0 0 1 3 6 0 10 0 11 1 1 1 4 1 1</td><td>Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 1 2 3 1 2 3 5 0 1 2 3 1 2 1 2 3 5 0 1 2 3 1 2 2</td><td>Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 25 15 30 0 0 0 0 0 0 0 0 10 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 340 660 90 180 0 0 340 630 0 0 90 180 90 180 90 180 90 180 90 180 90 180 90 180 90 130 5 100 35 70 0 0 55 105 340 290 340 290<!--</td--></td></td<></td> | Café Entrée 0 0 | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 12 8 16 1 2 5 9 2 4 1 2 5 9 2 4 1 2 5 9 2 4 1 2 5 9 1 2 3 6 12 23 6 12 3 6 1 2 3 6 1 2 3 9 1 2 2 3 5 9 <td< td=""><td>Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 0 1 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 0 0</td><td>Café Entrée 16 32 2 5 15
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| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Blue Cheese - V, G
Cheddar Cheese - V, G
Cheddar Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Edamame Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Tartilla Strips - VG, G
Walnuts - | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 80 150 35 70 60 120 60 120 60 120 60 100 315 70 15 25 50 100 15 25 50 110 70 150 20 45 25 170 100 25 110 60
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 50 100 130 270 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 45 90 10 15 0 0 45 90 40 80 10 15 0 0 25 50 0 0 35 70 20 40 0 0 35 70 130 0 0 0 20 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 6 11 12 40 15 30 5 10 0 1 0 1 0 0 3.5 7 6 12 0 0 3.5 7 6 12 0 0 3.5 7 6 12 0 0 2.5 5 3 6 0 0 2.5 5 3 6 0 0 4.8 7 15 7 7 15
 | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 </td <td>Café Entrée 0 0</td> <td>Café Entrée 28 57 10 221 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 6 12 8 16 1 2 5 9 0 1 9 19 0 1 9 19 0 1 5 9 12 23 6 12 3 6 12 23 6 12 1 1 3 6 1 2 3 5 11 22 2 3 5 9 1 22</td> <td>Café Entrée 3 7 2 4 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 1 2 0 0 1 1 2 0 0 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2</td> <td>Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 1 1 4 1 2 1</td> <td>Café Entrée 18 36 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1
 2 0 0 11 2 0 0 1 1 0 0 1 1 0 1 1 2 3 5 0 1 2 3 1 2 1 2 1 2 1 2 1 2 1 2 2</td> <td>Café Entrée 30 55 30 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 0 0 0 0 15 25 0 0 0 0 15 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 <t< td=""><td>Café Entrée 1370 2740 1300 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 340 680 0 0 340 680 0 0 210 410 0 0 230 460 90 180 220 430 0 0 90 180 220 430 0 0 180 350 50 100 0 0 180 350 55 10 35 70 0 0 <</td></t<></td> | Café Entrée 0 0 | Café Entrée 28 57 10 221 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 6 12 8 16 1 2 5 9 0 1 9 19 0 1 9 19 0 1 5 9 12 23 6 12 3 6 12 23 6 12 1 1 3 6 1 2 3 5 11 22 2 3 5 9 1 22
 | Café Entrée 3 7 2 4 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 1 2 0 0 1 1 2 0 0 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 | Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 1 1 4 1 2 1 | Café Entrée 18 36 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 11 2 0 0 1 1 0 0 1 1 0 1 1 2 3 5 0 1 2 3 1 2 1 2 1 2 1 2 1 2 1 2 2 | Café Entrée 30 55 30 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 0 0 0 0 15 25 0 0 0 0 15 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 <t< td=""><td>Café Entrée 1370 2740 1300 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 340 680 0 0 340 680 0 0 210 410 0 0 230 460 90 180 220 430 0 0
 90 180 220 430 0 0 180 350 50 100 0 0 180 350 55 10 35 70 0 0 <</td></t<> | Café Entrée 1370 2740 1300 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 340 680 0 0 340 680 0 0 210 410 0 0 230 460 90 180 220 430 0 0 90 180 220 430 0 0 180 350 50 100 0 0 180 350 55 10 35 70 0 0 < |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Berry Grape Mix - LF, VG, G
Berry Grape Mix - LF, VG, G
Com Salsa
Dried Cranberries - LF, VG, G
Com Salsa
Dried Cranberries - LF, VG, G
Goat Cheese - V, G
Com Salsa
Dried Cranberries - LF, VG, G
Parmesan Cheese - G
Sweet Crisp Pieces - V
Mandarin Oranges - LF, VG, G
Tortilla Strips - VG, G
Wonton Strips - LF, VG, G
Wonton Strips - LF, VG
TRIO / TRIO SIDE SALADS
For Total Nutritionals add Focaccia Roll
Mixed Greens Salad w/dressing (agrnish) - VG
Caesar Salad
Mixed Greens Salad w/dressing - V
Salad Dressings - Subtract to customize
Caesar - G
House Dressing - VG, G
Valanuts - VG, G
Valanuts - VG, G
Wanton Strips - LF, VG | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 80 150 35 70 60 120 60 110 35 70 15 25 50 100 15 25 50 110 70 150 20 45 20 45 20 45 2170 100 110 60 70 150 20 45 25 170
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 5 100 130 270 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 45 90 30 60 50 110 0 0 45 90 40 80 10 15 0 0 25 50 0 0 35 70 20 40 0 0 35 70 0 0 20 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 6 11 12 40 15 30 5 10 0 1 0 1 0 0 3.5 7 6 12
 0 0 3.5 7 6 12 0 0 3.5 7 6 12 0 0 2.5 5 3 6 0 0 4 8 2 4.5 0 0 4 8 7 15 0 0 < | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 0 0 0 0 0 0 0 0 0 0 0 0 </td <td>Café Entrée 0 0</td> <td>Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 6 12 8 16 1 2 5 9 0 1 9 19 0 1 9 199 0 1 5 9 12 23 6 12 3 6 12 23 6 12 13 6 0 1 1 1 3 5 11 22 2 3 5 9 1 2</td> <td>Café Entrée 3 7 2 4 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 1 2 1 1 2 1 2 1 2 1 2 1
2 1 2 1 2 1 2 1 2</td> <td>Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 0 11 1 3 6 0 0 11 1 3 6 0 0 1 1 3 6 0 0 1 1</td> <td>Café Entrée 18 36 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 11 2 0 0 1 1 0 0 1 1 0 1 2 3 5 0 1 2 3 5 0 1 2 3 1 2 1 2 2 3 1 2 2</td> <td>Café Entrée 30 55 30 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 15 30 0 0 0 0 0 0 0 0 15 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td> <td>Café Entrée 1370 2740 1230 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 340 680 0 0 340 680 0 0 340 680 0 0 340 680 0 0 135 100 0 0 180 350 100 0 135 70 0 0 135 70 0 0 135 70 0 0 100 200 <</td> | Café Entrée 0 0 | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 6 12 8 16 1 2 5 9 0 1 9 19 0 1 9 199 0 1 5 9 12 23 6 12 3 6 12 23 6 12 13 6 0 1 1 1 3 5 11 22 2 3 5 9 1 2
 | Café Entrée 3 7 2 4 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 1 2 1 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 | Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 0 11 1 3 6 0 0 11 1 3 6 0 0 1 1 3 6 0 0 1 1 | Café Entrée 18 36 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 11 2 0 0 1 1 0 0 1 1 0 1 2 3 5 0 1 2 3 5 0 1 2 3 1 2 1 2 2 3 1 2 2 | Café Entrée 30 55 30 80 55 110 40 80 55
 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 15 30 0 0 0 0 0 0 0 0 15 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 1370 2740 1230 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 340 680 0 0 340 680 0 0 340 680 0 0 340 680 0 0 135 100 0 0 180 350 100 0 135 70 0 0 135 70 0 0 135 70 0 0 100 200 < |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Blue Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Courdons - VG
Edamame Salad - VG
Goat Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Parmesan Cheese - G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Tortilla Strips - VG, G
Walnuts - VG, G
Walnuts - VG, G
Wanton Strips - LF, VG
TRIO / TRIO SIDE SALADS
For Total Nutritionals add Focaccia Roll
Mixed Greens Salad w/dressing - V
Salad Dressing - VG, G
Asian Edamame Salad - VG
Caesar - G
House Dressing - VG, G
Asian Edamame Salad - VG
Cavatappi Pasta Salad - V
D.C. Chicken Salad - G
Hummus - VG
Seasonal Fruit Medley - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 80 150 35 70 60 110 30 60 45 90 50 100 70 130 10 25 80 160 70 150 20 45 Calories 25 170 100 25 100 70 110 60 70 150 20 45
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 30 60 50 110 0 0 45 90 40 80 10 15 0 0 25 50 0 0 35 70 20 40 0 0 35 70 110 50 25 50 0 0 110 50 25 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 5 11 20 40 15 30 5 10 0 1 0 0 3.5 7 6 12 0 0
 3.5 7 6 12 0 0 2.5 5 3 6 0 0 2.5 5 3 6 0 0 4 8 7 15 0 0 4 8 7 15 0 0 2 15 <t< td=""><td>Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 0 0 0 0 0 0 0 0 0 3 1 2 0.5 0.5<</td><td>Café Entrée 0 0</td><td>Café Entrée 28 57 10 21 22 21 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 5 9 2 4 1 2 5 9 2 4 9 19 0 1 9 19 0 1 9 19 0 1 1 2 3 6 0 1 1 2 3 5 9 1 2 3 5 9 1 2 3 5 9 16 14 36 <</td><td>Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 1 1 2 1 2 0 1 1 2 0 0 1 2 0 0 1 2 0 0 1 2</td><td>Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 1 1 1 1 2 5 3 3 3</td></t<> <td>Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 0 0 1 22 0 0 1 22 0 0 1 22 0 0 1 22 0 0 1 2 3 7 1 2 3 7 1 2 8 3 1 2 3 1 2 3 1 2 2 3 1 2 2<td>Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 15 25 15 30 0 0 0 0 0 0 0 0 0 0 110 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 940 1870 940 1870 940 1680 370 750 210 420 340 670 340 670 560 1120 210 410 0 0 200 410 0 0 130 680 0 0 90 180 220 430 0 0 90 180 90 180 90 180 90 180 90 180 90 100 0 0 180 350 65 130 55 105 <!--</td--></td></td> | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 0 0 0 0 0 0 0 0 0 3 1 2 0.5 0.5<
 | Café Entrée 0 0 | Café Entrée 28 57 10 21 22 21 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 5 9 2 4 1 2 5 9 2 4 9 19 0 1 9 19 0 1 9 19 0 1 1 2 3 6 0 1 1 2 3 5 9 1 2 3 5 9 1 2 3 5 9 16 14 36 <
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 1 1 2 1 2 0 1 1 2 0 0 1 2 0 0 1 2 0 0 1 2 | Café Entrée 16 32 2 5 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 1 1 1 1 2 5 3 3 3 | Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 0 0 1 22 0 0 1 22 0 0 1 22 0 0 1 22 0 0 1 2 3 7 1 2 3 7 1 2 8 3 1 2 3 1 2 3 1 2 2 3 1 2 2 <td>Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 15 25 15 30 0 0 0 0 0 0 0 0 0 0 110 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td> <td>Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 940 1870 940 1870 940 1680 370 750 210 420 340 670 340 670 560 1120 210 410 0 0 200 410 0 0 130 680 0 0 90 180 220 430 0 0 90 180 90 180 90 180 90 180 90 180 90 100 0 0 180 350 65 130 55 105 <!--</td--></td> | Café Entrée 30 55 30 60 40 80 55 110 40
 80 55 110 40 80 55 110 20 40 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 15 25 15 30 0 0 0 0 0 0 0 0 0 0 110 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 1370 2740 610 1230 700 1390 1350 2710 750 1500 940 1870 940 1870 940 1870 940 1680 370 750 210 420 340 670 340 670 560 1120 210 410 0 0 200 410 0 0 130 680 0 0 90 180 220 430 0 0 90 180 90 180 90 180 90 180 90 180 90 100 0 0 180 350 65 130 55 105 </td |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Corn Salsa
Dried Cranberries - LF, VG, G
Coutons - VG
Coutons - VG
Edamame Salad - VG
Goat Cheese - V, G
Croutons - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Tomatoes - Diced - LF, VG, G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Trotill Strips - VG, G
Walnuts - VG, G
Walnuts - VG, G
Wanton Strips - LF, VG
TRIO / TRIO SIDE SALADS
For Total Nutritionals add Focaccia Roll
Mixed Greens w/dressing (garnish) - VG
Caesar Salad
Mixed Greens Salad v/G
Caesar - G
House Dressing - Subtract to customize
Caesar - G
House Dressing - VG, G
Salad Dressing - VG, G
Asian Edamame Salad - VG
Cavatapi Pasta Salad - VG
Cavatapi Pas | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 80 150 35 70 60 110 30 60 45 90 50 100 140 35 35 70 15 25 50 110 70 130 10 25 80 160 70 150 20 45 25 170 100 25 170 100
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 50 100 130 270 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 45 90 45 90 5 10 0 0 45 90 40 80 10 15 0 0 25 50 0 0 35 70 20 40 0 0 35 70 0 0 20 | Café Entrée 9 17 27 50 30 60 20 41 22 43 11 22 6 11 11 22 6 11 11 22 6 11 12 30 5 10 0 1 00 1 0 1 0 1 0 1 0 0 3.5 7 6 12 0 0 3.5 7 6 12 0 0 2.5 5 3 6 0 0 2 4.5 0 0 4 8 7 15 7 12 6 2.5 <
 | Café Entrée 1 1.5 1 1.5 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0.5 1 2.5 5 0 0 0.5 1 2.5 5 0 0 0.5 1 2.5 5 0 0 0 0 2 3.5 0 0 2 3.5 0 0 2 3.5 0 0 2 3.5 0 0 3 1 0 0
 | Café Entrée 0 0 | Café Entrée 28 57 10 21 122 42 16 32 38 76 25 50 35 69 13 25 2 5 2 5 35 69 13 25 2 5 6 12 8 16 1 2 6 12 8 16 1 2 5 9 12 23 6 12 3 6 10 1 5 9 12 23 6 12 13 6 14 3 5 9 1 2 3 5 9 1 16 14 </td <td>Café Entrée 3 7 2 4 3 6 5 9 4 8 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 0 0 2 <</td> <td>Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 0 1 1 3 6 0 0 5 9 2 5 0 0 1 1 2 5 0 0 0 0 1<</td> <td>Café Entrée 18 36 17 33 22 44 19 37 19
 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 11 22 0 0 1 1 0 0 1 1 0 1 1 2 3 5 0 1 2 8 3 5 0 1 2 2 1 2 1 2 2 3 1<</td> <td>Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 30 55 0 0 15 30 0 0 15 30 0 0 15 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td> <td>Café Entrée 1370 2740 1300 1330 1350 2710 750 1500 940 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 510 410 0 0 210 410 0 0 210 410 0 0 340 680 0 0 220 430 0 0 90 180 220 430 0 0 90 180 250 100 0 0 180 350 65 130 5 10 35 70 0 0 55 105 </td> | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 0 0 2 < | Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 0 1 1 3 6 0 0 5 9 2 5 0 0 1 1 2 5 0 0 0 0 1< | Café Entrée 18 36 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 11 22 0 0 1 1 0 0 1 1 0 1 1 2 3 5 0 1 2 8 3 5 0 1 2 2 1 2 1 2 2 3 1< | Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 30 55 0 0 15 30 0 0 15 30 0 0 15 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
 | Café Entrée 1370 2740 1300 1330 1350 2710 750 1500 940 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 510 410 0 0 210 410 0 0 210 410 0 0 340 680 0 0 220 430 0 0 90 180 220 430 0 0 90 180 250 100 0 0 180 350 65 130 5 10 35 70 0 0 55 105 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
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VG, G
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Bacon - G
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Blue Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Courdons - VG
Edamame Salad - VG
Goat Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Parmesan Cheese - G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Tortilla Strips - VG, G
Walnuts - VG, G
Walnuts - VG, G
Wanton Strips - LF, VG
TRIO / TRIO SIDE SALADS
For Total Nutritionals add Focaccia Roll
Mixed Greens Salad w/dressing - V
Salad Dressing - VG, G
Asian Edamame Salad - VG
Caesar - G
House Dressing - VG, G
Asian Edamame Salad - VG
Cavatappi Pasta Salad - V
D.C. Chicken Salad - G
Hummus - VG
Seasonal Fruit Medley - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
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Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 80 150 35 70 60 110 30 60 45 90 50 100 140 35 35 70 15 25 50 110 70 130 10 25 80 160 70 150 20 45 25 170 100 10 20 45
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 45 90 180 360 130 270 45 90 5 10 0 0 30 60 50 110 0 0 45 90 45 90 5 10 0 0 45 90 40 80 10 15 0 0 25 50 0 0 35 70 20 40 0 0 35 70 0 0 20 140 70 | Café Entrée 9 17 27 50 30 60 20 41 22 43 11 22 6 11 11 21 5 10 0 40 15 30 5 10 0 1 0 1 0 1 0 1 0 1 0 1
0 1 0 0 3.5 7 6 12 0 0 2.5 5 3 6 0 0 2 4.5 0 0 4 8 7 15 0 0 4 8 7 15 0 0 | Café Entrée 1 1.5 1 1.5 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0.5 1 2.5 5 0 0 0.5 1 2.5 5 0 0 0.5 1 2.5 5 0 0 2 3.5 0 0 2 3.5 0 0 2 3.5 0 0 3 1 0 0 3 1 0 0 <
 | Café Entrée 0 0 | Café Entrée 28 57 10 21 122 42 16 32 38 76 25 50 35 69 13 25 2 5 2 5 35 69 13 25 2 5 6 12 8 16 1 2 6 12 8 16 1 2 5 9 12 23 6 12 3 6 10 1 5 9 12 23 6 12 3 5 11 21 3 5 11 21 3 5 9 1 1 2 <
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 | Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 0 11 1 3 6 0 0 1 1 3 6 0 0 1 1 4 1 2 5 0 0 1 | Café Entrée 18 36 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 11 22 0 1 2 3 3 7 1 1 0 0 1 2 3 5 0 1 2 8 3 5 0 1 1 2 1 2 1 2 1 2 1< | Café Entrée 30 55 30 60 40 80 55 110 40
 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 355 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 0 0 0 0 15 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 1370 2740 1230 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 220 410 0 0 340 680 0 0 90 180 220 430 0 0 90 180 220 430 0 0 150 100 0 0 180 350 65 130 55 105 35 70 0 0 250 105 200 200 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressing s - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Blue Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Goat Cheese - V, G
Cortadar Cheese - V, G
Coroutons - VG
Edamame Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Tortilla Strips - VG, G
Wonton Strips - LF, VG, G
Wonton Strips - LF, VG
TRIO / TRIO SIDE SALADS
For Total Nutritionals add Focaccia Roll
Mixed Greens w/dressing (garnish) - VG
Caesar Salad
Mixed Greens Salad - VG
Caesar - G
House Dressing - VG, G
Xalad Dressing - UF, VG, G
Tortila Strips - VG, G
Wonton Strips - LF, VG, G
Tortila Strips - VG, G
Wonton Strips - LF, VG
TRIO / TRIO SIDE SALADS
For Total Nutritionals add Focaccia Roll
Mixed Greens W/dressing (garnish) - VG
Caesar Salad
Mixed Greens Salad - VG
Cavatappi Pasta Salad - V
D.C. Chicken Salad - VG
Cavatappi Pasta Salad - V
D.C. Chicken Salad - VG
Seasonal Fruit Medley - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Reisonal Fruit Medley - LF, VG, G
Pico Reisonal Fruit Medley - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Reisonal Fruit Medley - LF, VG, G
Pico Reisonal Fruit Medley - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Reisonal Fruit Medley - LF, VG, G
Pico Reiso | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 60 100 35 70 60 110 35 70 60 110 30 60 445 90 50 110 35 70 15 25 50 110 70 130 10 25 80 160 70 150 20 45 210 25 170 100 100 20
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 50 100 130 270 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 45 90 5 10 0 0 45 90 50 110 0 0 45 90 45 90 25 50 0 0 25 50 0 0 35 70 30 0 0 0 25 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 21 5 10 15 30 5 10 0 1 0 1 0 1 0 1 0 1 0 1
0 1 0 0 3.5 7 6 12 0 0 2.5 5 3 6 0 0 2.5 5 3 6 0 0 4 8 7 15 0 0 4 8 7 15 | Café Entrée 1 1.5 1 1.5 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0.5 1 2.5 5 0 0 0.5 1 2.5 5 0 0 0.5 1 2.5 5 0 0 0 0 2 3.5 0 0 2 4.5 0 0 10 0 0 0 3 1 2 0.5 0 3 1.5
 | Café Entrée 0 0 0 | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 35 69 13 25 2 5 6 12 8 16 1 2 6 12 8 16 1 2 9 19 0 1 9 19 0 1 5 9 12 23 6 12 3 6 11 21 3 5 11 22 2 3 5 9 16 14 36 15 15 2
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 8 4 8 4 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 1 2 3 0 0 1 2 0 0 1 2 1 2 1 2 1 2 1 2 1 2 2 2 2 2 2 2 2 3 0 3 0 | Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 7 13 0 1 4 8 0 0 7 15 0 0 1 2 5 10 7 13 0 1 2 9 18 0 0 0 1 1 3 6 0 0 11 1 3 6 0 0 11 1 3 6 0 0 1 1 3 8 3 8 <t< td=""><td>Café Entrée 18 36 18 15 17 33 22 44 19 37 19 38 5 10 1 3 1 20 0 0 1 21 0 0 1 22 0 0 1 22 0 0 1 21 0 0 1 1 0 0 1 21 2 3 1 2 3 5 0 1 4 9 1 2 1 2 3 5 0 1 2 3 1 2 1 2 1 2 1</td><td>Café Entrée 30 55 30 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 0 0 0 0 10 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 <</td><td>Café Entrée 1370 2740 1320 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 210 420 340 670 560 1120 210 410 0 0 340 680 0 0 340 680 0 0 340 680 0 0 350 100 0 0 180 350 103 350 135 70 0 0 250 105 340 290 220 240 680 500 380 <t< td=""></t<></td></t<> | Café Entrée 18 36 18 15 17 33 22 44 19 37 19 38 5 10 1 3 1 20 0 0 1 21 0 0 1 22 0 0 1 22 0 0 1 21 0 0 1 1 0 0 1 21 2 3 1 2 3 5 0 1 4 9 1 2 1 2 3 5 0 1 2 3 1 2 1 2 1 2 1 | Café Entrée 30 55 30 80 55 110 40 80 55
 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 0 0 0 0 10 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 < | Café Entrée 1370 2740 1320 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 210 420 340 670 560 1120 210 410 0 0 340 680 0 0 340 680 0 0 340 680 0 0 350 100 0 0 180 350 103 350 135 70 0 0 250 105 340 290 220 240 680 500 380 <t< td=""></t<> |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Blue Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Coutons - VG
Edamame Salad - VG
Goat Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Parmesan Cheese - G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Tortilla Strips - VG, G
Walnuts - VG, G
Caesar Salad
Mixed Greens Suldar (J
Mixed Greens Salad - VG
Caesar - G
House Dressing - VG, G
Asian Edamame Salad - VG
Cavatappi Pasta Salad - V
D.C. Chicken Salad - VG
Cavatappi Pasta Salad - V
D.C. Chicken Salad - G
Hummus - VG
Seasonal Fruit Medley - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Tuna Salad - G
SOUPS
For Total Nutritionals add Focaccia Roll
Big Al's Chili w/Cheddar Cheese
Cheddar Broccoli
Mom's Chicken Noodle | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 80 150 35 70 60 110 35 70 60 120 60 120 60 120 60 120 60 120 60 120 15 25 50 110 70 130 10 25 80 160 70 150 20 45 25 170
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 50 100 130 270 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 45 90 45 90 40 80 10 15 0 0 25 50 0 0 35 70 20 40 0 0 25 50 0 0 35 70 10 0 20 140 70 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 12 40 15 10 0 1 20 40 15 30 5 10 0 1 0 1 0 1 0 1 0 1 0 1 0 1 11 2 0 0 3.5 7 6 12 0 0 2.5 5 3 6
 0 0 4 8 7 15 0 0 2 15 7 12 | Café Entrée 1 1.5 1 1.5 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0.5 1 2.5 5 0 0 0.5 1 2.5 5 0 0 0.5 1 2.5 5 0 0 2 3.5 0 0 2 3.5 0 1 0 0 2 3.5 0 1.5 0.5 1.5 0.5 0 0 1.5 </td <td>Café Entrée 0 0</td> <td>Café Entrée 28 57 10 221 16 32 38 76 25 50 35 69 13 25 2 5 2 5 35 69 13 25 2 5 35 10 1 2 6 12 8 16 1 2 6 12 8 16 1 2 9 19 0 1 5 9 12 23 6 12 1 1 3 6 12 23 6 12 1 1 3 5 11 22 3 5 1 2 <t< td=""><td>Café Entrée 3 7 2 4 3 6 5 9 4 8 4 8 4 8 4 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 0 0</td><td>Café Entrée 16 32 15 29 10 19
 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 0 11 1 3 6 0 1 1 1 3 6 0 1 1 1 3 1 2 5 0 0 1</td><td>Café Entrée 18 36 18 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 1 2 0 0 1 2 0 0 11 22 0 0 11 22 0 1 15 100 0 1 1 1 0 0 1 2 3 5 0 1 2 3 3 5 0 1 2 3 1 2 2 3 <td< td=""><td>Café Entrée 30 55 30 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 351 0 0 20 355 0 0 30 555 0 0 30 55 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>Café Entrée 1370 2740 1300 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 220 410 0 0 340 680 0 0 90 180 220 430 0 0 90 180 220 430 0 0 90 180 220 430 0 0 180 350 101 35 102 0 180 350 195 105 200 200 220 240<!--</td--></td></td<></td></t<></td> | Café Entrée 0 0 | Café Entrée 28 57 10 221 16 32 38 76 25 50 35 69 13 25 2 5 2 5 35 69 13 25 2 5 35 10 1 2 6 12 8 16 1 2 6 12 8 16 1 2 9 19 0 1 5 9 12 23 6 12 1 1 3 6 12 23 6 12 1 1 3 5 11 22 3 5 1 2 <t< td=""><td>Café Entrée 3 7 2 4 3 6 5 9 4 8 4 8 4 8 4 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 0 0</td><td>Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13
 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 0 11 1 3 6 0 1 1 1 3 6 0 1 1 1 3 1 2 5 0 0 1</td><td>Café Entrée 18 36 18 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 1 2 0 0 1 2 0 0 11 22 0 0 11 22 0 1 15 100 0 1 1 1 0 0 1 2 3 5 0 1 2 3 3 5 0 1 2 3 1 2 2 3 <td< td=""><td>Café Entrée 30 55 30 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 351 0 0 20 355 0 0 30 555 0 0 30 55 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>Café Entrée 1370 2740 1300 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 220 410 0 0 340 680 0 0 90 180 220 430 0 0 90 180 220 430 0 0 90 180 220 430 0 0 180 350 101 35 102 0 180 350 195 105 200 200 220 240<!--</td--></td></td<></td></t<> | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 8 4 8 4 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 0 0 | Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 0 11 1 3 6 0 1 1 1 3 6 0 1 1 1 3 1 2 5 0 0 1 | Café Entrée 18 36 18 15 17 33 22 44 19 37 19 38 5 10 1 3 1 2 0 0 1 3 1 2 0 0 1 2 0 0 1 2 0 0 11 22 0 0 11 22 0 1 15 100 0 1 1 1 0 0 1 2 3 5 0 1 2 3 3 5 0 1 2 3 1 2 2 3 <td< td=""><td>Café Entrée 30 55 30 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 351 0 0 20 355 0 0 30 555 0 0 30 55 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>Café Entrée 1370 2740 1300 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 220 410 0 0 340 680 0 0 90 180 220 430 0 0 90 180 220 430 0 0 90 180 220 430 0 0 180 350 101 35 102 0 180 350 195 105 200 200 220 240<!--</td--></td></td<> | Café Entrée 30 55 30 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 351 0 0 20 355
 0 0 30 555 0 0 30 55 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 1370 2740 1300 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 560 1120 210 410 0 0 220 410 0 0 340 680 0 0 90 180 220 430 0 0 90 180 220 430 0 0 90 180 220 430 0 0 180 350 101 35 102 0 180 350 195 105 200 200 220 240 </td |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressing s - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Corn Salsa
Dried Cranberries - LF, VG, G
Coroutons - VG
Edamame Salad - VG
Goat Cheese - V, G
Croutons - VG
Edamame Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Parmesan Cheese - G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Walnuts - VG, G
Wanton Strips - LF, VG
Caesar Salad
Mixed Greens w/dressing (garnish) - VG
Caesar Salad
Mixed Greens Salad v/G
Gaesar - G
House Dressing - Subtract to customize
Caesar - G
House Dressing - Subtract to customize
Caesar - G
House Dressing - VG, G
Salad Dressing - Subtract to Customize
Caesar - G
House Dressing - VG, G
Mixed Greens Salad w/dressing - V
Salad Dressing - Subtract to Customize
Caesar - G
House Dressing - VG, G
Hummus - VG
Seasonal Fruit Medley - LF, VG, G
Fico Quinoa & Black Bean Salad - LF, VG, G
Tuna Salad - G
SOUPS
For Total Nutritionals add Focaccia Roll
Big Al's Chili w/Cheddar Cheese
Cheddar Broccoli
Mom's Chicken Noodle
Zesty Chicken Tortilla w/Tortilla Strips - G | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 80 150 35 70 60 110 30 60 445 90 50 110 70 130 10 25 50 110 70 150 20 45 Calories 25 170 100 20 110 60 70 150 20 45 270 60
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 45 90 180 360 130 270 45 90 5 10 0 0 30 60 50 110 0 0 45 90 45 90 5 10 0 0 30 60 50 110 0 0 25 50 0 0 25 50 0 0 35 70 20 40 0 0 20 130 0 0 20 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 122 43 11 22 5 30 5 10 0 1 0 1 0 0 35 7 6 12 0 0 30 5 7 6 20 0 25 5
36 0 0 0 2.5 5 3 6 0 0 4 8 7 15 0 0 4 8 7 15 7 13 11 0 <tr< td=""><td>Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 0 0 0 1 0 0 0 0 0 0 0 0 0 1.5</td><td>Café Entrée 0 0</td><td>Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 12 8 16 1 2 5 9 2 4 0 12 5 9 2 4 0 1 9 199 0 1 5 9 12 23 6 12 3 6 12 23 6 12 3 6 1 22 3 6 1 22 3 9 16 14 1 2 9 16</td><td>Café Entrée 3 7 2 4 5 9 4 8 4 8 4 8 4 8 4 9 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 1 2 3 0 1 1 2 0 0 1 1 2 0 1 2 1 2 1 2 1 2 0 0 1 2 1 2 1 2 0 0 1 2 2 <</td><td>Café Entrée 16 32 2 59 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 133 0 1 4 8 0 0 1 2 5 10 7 15 0 0 0 1 2 9 18 0 0 0 1 2 9 18 0 0 1 2 9 1 1 3 10 0 1 1 2 5 0 0 <</td><td>Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 100 1 3 1 20 0 0 1 21 0 0 1 22 0 0 1 22 0 0 1 22 0 0 11 22 0 0 15 10 0 1 15 10 0 1 1 1 0 1 1 2 3 5 0 1 2 3 1 2 1 2 1 2 1 2</td><td>Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 20 35 0 0 10 25 0 0 30 55 0 0 15 30 0 0 110 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>Café Entrée 1370 2740 1370 2740 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 210 410 0 0 210 410 0 0 340 670 340 670 340 670 340 680 0 0 340 680 0 0 130 350 65 130 55 105 50 105 50 105 50 105 50 105 50 105 50 105 50 105 200</td></tr<> | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 0 0 0 1 0 0 0 0 0 0 0 0 0 1.5
 | Café Entrée 0 0 | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 12 8 16 1 2 5 9 2 4 0 12 5 9 2 4 0 1 9 199 0 1 5 9 12 23 6 12 3 6 12 23 6 12 3 6 1 22 3 6 1 22 3 9 16 14 1 2 9 16
 | Café Entrée 3 7 2 4 5 9 4 8 4 8 4 8 4 8 4 9 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 1 2 3 0 1 1 2 0 0 1 1 2 0 1 2 1 2 1 2 1 2 0 0 1 2 1 2 1 2 0 0 1 2 2 < | Café Entrée 16 32 2 59 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 133 0 1 4 8 0 0 1 2 5 10 7 15 0 0 0 1 2 9 18 0 0 0 1 2 9 18 0 0 1 2 9 1 1 3 10 0 1 1 2 5 0 0 < | Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 100 1 3 1 20 0 0 1 21 0 0 1 22 0 0 1 22 0 0 1 22 0 0 11 22 0 0 15 10 0 1 15 10 0 1 1 1 0 1 1 2 3 5 0 1 2 3 1 2 1 2 1 2 1 2 | Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 20 40 0 0 10
 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 20 35 0 0 10 25 0 0 30 55 0 0 15 30 0 0 110 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 1370 2740 1370 2740 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 210 410 0 0 210 410 0 0 340 670 340 670 340 670 340 680 0 0 340 680 0 0 130 350 65 130 55 105 50 105 50 105 50 105 50 105 50 105 50 105 50 105 200 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Blue Cheese - V, G
Cheddar Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Goat Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Sweet Crisp Pieces - V
Mandarin Oranges - LF, VG, G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Parmesan Cheese - G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Tortilla Strips - VG, G
Wonton Strips - LF, VG
Caesar Salad W/dressing (garnish) - VG
Caesar Salad
Mixed Greens Salad w/dressing - V
Salad Dressings - Subtract to customize
Caesar - G
House Dressing - VG, G
Xaian Edamame Salad - VG
Cavatappi Pasta Salad - V
D.C. Chicken Salad - VG
Seasonal Fruit Medley - LF, VG, G
Fico Quinoa & Black Bean Salad - LF, VG, G
Tuna Salad - G
SOUPS
For Total Nutritionals add Focaccia Roll
Big Al's Chili w/Cheddar Cheese
Cheddar Broccoli
Mom's Chicken Noodle
Zesty Chicken Tortilla W/Tortilla Strips - G
Loaded Baked Potato w/Cheddar Cheese & Green
Onion | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 80 150 35 70 60 120 60 120 60 120 60 120 60 120 60 120 60 120 60 120 10 25 80 160 70 150 20 45 2170 100 100 25 80 160 70 150 </td <td>80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 5 100 130 270 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 30 60 50 110 0 0 45 90 40 80 10 15 0 0 35 70 20 40 0 0 35 70 130 0 140 70 150 25 60 120 100</td> <td>Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 122 43 11 22 6 11 120 40 15 30 5 10 0 1 0 1 20 0 35 10 40 1 20 0 5 10 4 8 7 5 3 6 0 0 4 8 7 15 0 0 4 8 7 15 0 0 4 8 7 15 7 15</td> <td>Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 0 0 0 1.5 0 0 0 1 1 10 0 0 0 1.5 0 0.5 0</td> <td>Café Entrée 0 0</td> <td>Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 6 12 8 16 1 2 5 9 2 41 9 19 0 1 9 19 0 1 9 19 0 1 1 2 3 5 11 22 3 5 11 22 2 3 5 9 1 2 3 5 1 22 3 5 1 2</td> <td>Café Entrée 3 7 2 46 5 9 4 8 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 0 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 1 2 1 2 1 2 2 3 0 0 1 2 2 3 0 0 2</td> <td>Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 0 11 1 3 6 0 0 1 1 3 6 0 0 1 1 3 1 4 7 5 8 3</td> <td>Café Entrée 18 36 18 15 17 33 22 44 19 37 19 38 5 10 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 11 2 0 0 11 2 0 1 15 10 0 1 15 10 0 1 1 2 3 5 0 1 1 2 1 2 1 2 1 2 1 2 1 1 1</td> <td>Café Entrée 30 55 30 80 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 10 25 0 0 30 55 0 0 15 30
 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 <</td> <td>Café Entrée 1370 2740 1320 1330 700 1330 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 210 410 0 0 200 410 0 0 340 680 0 0 220 430 0 0 230 460 90 180 220 430 0 0 180 350 50 100 0 0 180 350 50 100 55 100 35 70 0 0 220 220 220 20</td> | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 5 100 130 270 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 30 60 50 110 0 0 45 90 40 80 10 15 0 0 35 70 20 40 0 0 35 70 130 0 140 70 150 25 60 120 100 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 122 43 11 22 6 11 120 40 15 30 5 10 0 1 0 1 20 0 35 10 40 1 20 0 5 10 4 8 7 5 3 6 0 0 4 8 7 15 0 0 4 8 7 15
 0 0 4 8 7 15 7 15 | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 0 0 0 1.5 0 0 0 1 1 10 0 0 0 1.5 0 0.5 0
 | Café Entrée 0 0 | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 6 12 8 16 1 2 5 9 2 41 9 19 0 1 9 19 0 1 9 19 0 1 1 2 3 5 11 22 3 5 11 22 2 3 5 9 1 2 3 5 1 22 3 5 1 2
 | Café Entrée 3 7 2 46 5 9 4 8 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 0 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 1 2 1 2 1 2 2 3 0 0 1 2 2 3 0 0 2 | Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 4 8 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 0 11 1 3 6 0 0 1 1 3 6 0 0 1 1 3 1 4 7 5 8 3 | Café Entrée 18 36 18 15 17 33 22 44 19 37 19 38 5 10 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 0 0 11 2 0 0 11 2 0 1 15 10 0 1 15 10 0 1 1 2 3 5 0 1 1 2 1 2 1 2 1 2 1 2 1 1 1 | Café Entrée 30 55 30 80 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0
 20 35 0 0 10 25 0 0 30 55 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 < | Café Entrée 1370 2740 1320 1330 700 1330 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 210 410 0 0 200 410 0 0 340 680 0 0 220 430 0 0 230 460 90 180 220 430 0 0 180 350 50 100 0 0 180 350 50 100 55 100 35 70 0 0 220 220 220 20 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Blue Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Goat Cheese - V, G
Coroutons - VG
Edamae Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Parmesan Cheese - V
Tomatoes - Diced - LF, VG, G
Trottila Strips - VG, G
Wonton Strips - LF, VG, G
TRIO / TRIO SIDE SALADS
For Total Nutritionals add Focaccia Roll
Mixed Greens w/dressing (garnish) - VG
Caesar Salad
Mixed Greens Salad - VG
Gasar Salad - VG
Caesar Salad - VG
Caesar Salad Mixed Gerens J
House Dressing - UF, VG, G
TRIO / TRIO SIDE SALADS
For Total Nutritionals add Focaccia Roll
Mixed Greens Salad w/dressing - V
Salad Dressing - VG, G
Asian Edamame Salad - VG
Cavatappi Pasta Salad - VG
Seasonal Fruit Medley - LF, VG, G
Fico Quinoa & Black Bean Salad - LF, VG, G
Fico Al Nutritionals add Focaccia Roll
Big Al's Chili w/Cheddar Cheese
Cheddar Broccoli
Mom's Chicken Noodle
Zesty Chicken Tortilla W/Tortilla Strips - G
Loaded Baked Potato w/Cheddar Cheese & Green | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 80 150 35 70 60 110 30 60 445 90 50 110 70 130 10 25 50 110 70 150 20 45 Calories 25 170 100 20 110 60 70 150 20 45 270 60
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 45 90 180 360 130 270 45 90 5 10 0 0 30 60 50 110 0 0 45 90 45 90 5 10 0 0 30 60 50 110 0 0 25 50 0 0 25 50 0 0 35 70 20 40 0 0 20 130 0 0 20 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 122 43 11 22 5 30 5 10 0 1 0 1 0 0 35 7 6 12 0 0 30 5 7 6 20 0 25 5 36 0 0
 0 2.5 5 3 6 0 0 4 8 7 15 0 0 4 8 7 15 7 13 11 0 <tr< td=""><td>Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 0 1 0 0 0 1 0 0 0 0 0 0 0 1.5</td><td>Café Entrée 0 0</td><td>Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 12 8 16 1 2 5 9 2 4 0 12 5 9 2 4 0 1 9 199 0 1 5 9 12 23 6 12 3 6 12 23 6 12 3 6 1 22 3 6 1 22 3 9 16 14 1 2 9 16</td><td>Café Entrée 3 7 2 4 3 6 5 9 4 8 4 8 4 8 4 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 1 2 0 0 0 1 1 2 0 0 1 1 2 1 2 1 2 0 0 1 2 1 2 1 2 2 2 2 2 2 3 0 <</td><td>Café Entrée 16 32 2 59 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 133 0 1 4 8 0 0 1 2 5 10 7 15 0 0 0 1 2 9 18 0 0 0 1 2 9 18 0 0 1 2 9 1 1 3 10 0 1 1 2 5 0 0 <</td><td>Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 100 1 3 1 20 0 0 1 21 0 0 1 22 0 0 1 22 0 0 1 22 0 0 11 22 0 0 15 10 0 1 15 10 0 1 1 1 0 1 1 2 3 5 0 1 2 3 1 2 1 2 1 2 1 2</td><td>Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 20 35 0 0 10 25 0 0 30 55 0 0 15 30 0 0 110 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>Café Entrée 1370 2740 1300 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 210 410 0 0 210 410 0 0 220 410 0 0 340 680 0 0 340 680 0 0 340 50 130 350 50 100 0 0 180 350 50 100 50 100 50 100 50 100 50 100 50 100 200 220</td></tr<> | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 0 1 0 0 0 1 0 0 0 0 0 0 0 1.5
 | Café Entrée 0 0 | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 12 8 16 1 2 5 9 2 4 0 12 5 9 2 4 0 1 9 199 0 1 5 9 12 23 6 12 3 6 12 23 6 12 3 6 1 22 3 6 1 22 3 9 16 14 1 2 9 16
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 8 4 8 4 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 1 2 0 0 0 1 1 2 0 0 1 1 2 1 2 1 2 0 0 1 2 1 2 1 2 2 2 2 2 2 3 0 < | Café Entrée 16 32 2 59 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 133 0 1 4 8 0 0 1 2 5 10 7 15 0 0 0 1 2 9 18 0 0 0 1 2 9 18 0 0 1 2 9 1 1 3 10 0 1 1 2 5 0 0 < | Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 100 1 3 1 20 0 0 1 21 0 0 1 22 0 0 1 22 0 0 1 22 0 0 11 22 0 0 15 10 0 1 15 10 0 1 1 1 0 1 1 2 3 5 0 1 2 3 1 2 1 2 1 2 1 2 | Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0
 0 20 35 0 0 20 35 0 0 20 35 0 0 20 35 0 0 10 25 0 0 30 55 0 0 15 30 0 0 110 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | Café Entrée 1370 2740 1300 1230 700 1390 1350 2710 750 1500 940 1870 420 810 840 1680 370 750 210 420 340 670 210 410 0 0 210 410 0 0 220 410 0 0 340 680 0 0 340 680 0 0 340 50 130 350 50 100 0 0 180 350 50 100 50 100 50 100 50 100 50 100 50 100 200 220 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressing s - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Blue Cheese - V, G
Cont Salsa
Dried Cranberries - LF, VG, G
Goat Cheese - V, G
Cortudons - VG
Edamame Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Tortilla Strips - VG, G
Wonton Strips - LF, VG, G
Tortilla Strips - VG, G
Wonton Strips - LF, VG
Tato J TRIO SIDE SALADS
For Total Nutritionals add Focaccia Roll
Mixed Greens w/dressing (garnish) - VG
Caesar Salad
Mixed Greens Salad - VG
Caesar - G
House Dressing - VG, G
Salad Dressing - VG, G
Wonton Strips - LF, VG, G
Tortilla Strips - VG, G
Wonton Strips - LF, VG, G
Tortilla Strips - VG, G
Wonton Strips - LF, VG
Caesar Salad
Mixed Greens W/dressing (garnish) - VG
Caesar Salad
Mixed Greens Salad w/dressing - V
Salad Dressing - VG, G
House Dressing - VG, G
Asian Edamame Salad - VG
Cavatappi Pasta Salad - V
D.C. Chicken Salad - VG
Cavatappi Pasta Salad - V
D.C. Chicken Salad - G
Hummus - VG
Seasonal Fruit Medley - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Tuna Salad - G
SOUPS
For Total Nutritionals add Focaccia Roll
Big Al's Chili w/Cheddar Cheese
Cheddar Broccoli
Mom's Chicken Noodle
Zesty Chicken Tortilla W/Tortilla Strips - G
Loaded Baked Potato w/Cheddar Cheese & Green
Onion
Roasted Tomato Basil w/Croutons - VG
Soup Toppings - Subtract to customize | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 60 100 30 60 445 90 50 100 35 70 10 25 80 160 70 130 10 25 80 160 70 130 10 25 80 160 70 150 20 45 210 45 220 45 230 270 60 90
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 45 90 130 270 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 45 90 5 10 0 0 45 90 5 10 0 0 40 80 10 15 0 0 25 50 0 0 35 70 10 50 25 60 120 100 100 | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 122 43 11 22 6 11 120 40 15 30 5 10 0 1 0 1 0 1 0 0
 3.5 7 6 12 0 0 3.5 7 6 12 0 0 2.5 5 3 6 0 0 2.5 5 3 6 0 0 4 8 7 15 0 0 2.5 7 | Café Entrée 1 1.5 1 1.5 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0.5 1 2.5 5 0 0 0.5 1 2.5 5 0 0 0.5 1 2.5 5 0 0 2 3.5 0 0 2 4.5 0 0 2 4.5 0 0 10 0 2 0.5 0 3 1.5 1.5 0 3
 | Café Entrée 0 0 0 | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 35 69 13 25 2 5 6 12 8 16 1 2 6 12 8 16 1 2 9 1 0 1 9 19 0 1 5 9 12 23 6 12 3 5 9 1 1 2 2 3 5 9 1 2 9 16 14 36 15 15
 | Café Entrée 3 7 2 4 3 6 5 9 4 8 4 8 4 8 4 7 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 1 2 1 2 1 2 0 0 1 2 1 2 2 2 4 2 3 0 1 | Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 7 13 0 1 4 8 0 0 7 15 0 0 1 2 5 10 7 13 0 1 2 9 18 0 0 0 1 2 9 18 0 0 11 1 3 6 0 0 11 1 3 6 0 0 1 1 1 1 2 5 <t< td=""><td>Café Entrée 18 36 18 15 17 33 22 44 19 37 19 38 5 10 1 3 1 20 0 0 1 21 0 0 11 22 0 0 1 2 0 0 1 2 0 0 11 22 0 0 11 22 0 1 1 1 0 0 1 2 3 5 0 1 2 3 1 2 1 2 2 3 1 2 1 2 2 3 <td< td=""><td>Café Entrée 30 55 30 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 20 35 0 0 30 55 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>CaféEntrée1370274013001390135027107501500940150094015009401680370750120420340670210410210410210410200112034068000201410003406800034068000200480501000018035050100001803505110355105551053402902002202406803801026050010715502320101170015502320126021001410211014002150</td></td<></td></t<> | Café Entrée 18 36 18 15 17 33 22 44 19 37 19 38 5 10 1 3 1 20 0 0 1 21 0 0 11 22 0 0 1 2 0 0 1 2 0 0 11 22 0 0 11 22 0 1 1 1 0 0 1 2 3 5 0 1 2 3 1 2 1 2 2 3 1 2 1 2 2 3 <td< td=""><td>Café Entrée 30 55 30 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 20 35 0 0 30 55 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>CaféEntrée1370274013001390135027107501500940150094015009401680370750120420340670210410210410210410200112034068000201410003406800034068000200480501000018035050100001803505110355105551053402902002202406803801026050010715502320101170015502320126021001410211014002150</td></td<> | Café Entrée 30 55 30 80 55 110 40 80 55
 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 20 35 0 0 30 55 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | CaféEntrée1370274013001390135027107501500940150094015009401680370750120420340670210410210410210410200112034068000201410003406800034068000200480501000018035050100001803505110355105551053402902002202406803801026050010715502320101170015502320126021001410211014002150 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Bacon - G
Berry Grape Mix - LF, VG, G
Cheddar Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Edamame Salad - VG
Goat Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Edamame Salad - VG
Goat Cheese - V
Mandarin Oranges - LF, VG, G
Darmesan Cheese - G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Tortilla Strips - VG, G
Walnuts - VG, G
Walnuts - VG, G
Walnuts - VG, G
Walnuts - VG, G
Wanton Strips - LF, VG
TRIO / TRIO SIDE SALADS
For Total Nutritionals add Focaccia Roll
Mixed Greens Salad - VG
Caesar - G
House Dressing - VG, G
Asian Edamame Salad - VG
Caesar - G
House Dressing - VG, G
Walnuts - VG, G
Cavatappi Pasta Salad - VG
Caesar - G
House Dressing - VG, G
Asian Edamame Salad - VG
Cavatappi Pasta Salad - V
D.C. Chicken Salad - G
Hummus - VG
Seasonal Fruit Medley - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG
Country Bread Boule - Bowl Option - LF, VG | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 80 150 35 70 60 110 35 70 160 20 60 100 45 90 10 25 50 110 70 130 10 25 80 160 70 150 20 45 210 45 220 45 25 170 100 20
 | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 180 360 130 270 45 90 180 360 130 270 45 90 5 10 0 0 30 60 50 110 0 0 45 90 40 80 10 15 0 0 25 50 0 0 35 70 20 40 0 0 35 70 110 50 25 60 120 100 15 180 Calories from Fat Cup </td <td>Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 5 30 5 10 0 1 0 0 35 7 0 0 35 10 0 1 0 0 35 72 0 0 20 0 25 5 30 5 10 0 31 2 0 0 2 32 4.5 9 1 2 0 0 4.5 7 15 7 15 7 12 6 2.5 7 13 11 0 2 2.5 7 13 11 0 2 2.5 7 13 13 48 7</td> <td>CaféEntrée11.55114.59816511510480.51.523.5123623.512001.51.50000.5001.5201.51.5201.51.520.501.521.521.521.521.521.520.501.521.521.521.53001.531.531.531.531.621.721.8<t< td=""><td>Café Entrée 0 0</td><td>Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 12 8 16 1 2 5 9 2 4 1 2 5 9 2 4 1 2 9 19 0 1 9 19 0 1 3 6 12 23 6 12 3 6 1 21 3 6 1 22 3 9 1 2 9 16 14 36 15 1</td><td>Café Entrée 3 7 2 4 5 9 4 8 4 8 4 8 4 8 4 9 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 1 1 2 1 2 0 1 1 2 1 2 1 2 0 0 1 2 1 2 0 0 1 2 2 3</td><td>Café Entrée 16 32 2 59 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 133 0 1 4 8 0 0 1 2 5 10 7 15 0 0 0 1 2 9 18 0 0 0 1 2 5 9 1 3 3 6 0 0 1 2 5 3 1 1 2 5 3 3 <td< td=""><td>Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 100 1 3 1 20 0 0 1 21 0 0 1 22 0 0 1 22 0 0 1 22 0 0 1 22 0 0 1 22 0 1 1 1 0 1 1 2 3 5 0 1 2 3 1 2 3 7 1 2 3 1 1 1 1 1 <td< td=""><td>Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>CaféEntrée1370274061013901350271075015009401870420810370750370750370750340670340670560112021041000340680003406800034068000340680003401000035010000180350551305513055130551003570001803505510550380102501550232025015715502320155023201550232015502320155023201550232015502501550232015502320155023201550232015502320155023201550232015502320155023201550232015502320155023201550232015502320150</td></td<></td></td<></td></t<></td> | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 22 5 30 5 10 0 1 0 0 35 7 0 0 35 10 0 1 0 0 35 72 0 0 20 0 25 5 30 5 10 0 31 2 0 0 2 32 4.5 9 1 2 0 0 4.5 7 15 7 15 7 12
 6 2.5 7 13 11 0 2 2.5 7 13 11 0 2 2.5 7 13 13 48 7 | CaféEntrée11.55114.59816511510480.51.523.5123623.512001.51.50000.5001.5201.51.5201.51.520.501.521.521.521.521.521.520.501.521.521.521.53001.531.531.531.531.621.721.8 <t< td=""><td>Café Entrée 0 0</td><td>Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 12 8 16 1 2 5 9 2 4 1 2 5 9 2 4 1 2 9 19 0 1 9 19 0 1 3 6 12 23 6 12 3 6 1 21 3 6 1 22 3 9 1 2 9 16 14 36 15 1</td><td>Café Entrée 3 7 2 4 5 9 4 8 4 8 4 8 4 8 4 9 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 1 1 2 1 2 0 1 1 2 1 2 1 2 0 0 1 2 1 2 0 0 1 2 2 3</td><td>Café Entrée 16 32 2 59 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 133 0 1 4 8 0 0 1 2 5 10 7 15 0 0 0 1 2 9 18 0 0
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 | Café Entrée 3 7 2 4 5 9 4 8 4 8 4 8 4 8 4 9 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 1 1 2 1 2 0 1 1 2 1 2 1 2 0 0 1 2 1 2 0 0 1 2 2 3 | Café Entrée 16 32 2 59 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 133 0 1 4 8 0 0 1 2 5 10 7 15 0 0 0 1 2 9 18 0 0 0 1 2 5 9 1 3 3 6 0 0 1 2 5 3 1 1 2 5 3 3 <td< td=""><td>Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 100 1 3 1 20 0 0 1 21 0 0 1 22 0 0 1 22 0 0 1 22 0 0 1 22 0 0 1 22 0 1 1 1 0 1 1 2 3 5 0 1 2 3 1 2 3 7 1 2 3 1 1 1 1 1 <td< td=""><td>Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>CaféEntrée1370274061013901350271075015009401870420810370750370750370750340670340670560112021041000340680003406800034068000340680003401000035010000180350551305513055130551003570001803505510550380102501550232025015715502320155023201550232015502320155023201550232015502501550232015502320155023201550232015502320155023201550232015502320155023201550232015502320155023201550232015502320150</td></td<></td></td<> | Café Entrée 18 36 8 15 17 33 22 44 19 37 19 38 5 100 1 3 1 20 0 0 1 21 0 0 1 22 0 0 1 22 0 0 1 22 0 0 1 22 0 0 1 22 0 1 1 1 0 1 1 2 3 5 0 1 2 3 1 2 3 7 1 2 3 1 1 1 1 1 <td< td=""><td>Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0</td><td>CaféEntrée1370274061013901350271075015009401870420810370750370750370750340670340670560112021041000340680003406800034068000340680003401000035010000180350551305513055130551003570001803505510550380102501550232025015715502320155023201550232015502320155023201550232015502501550232015502320155023201550232015502320155023201550232015502320155023201550232015502320155023201550232015502320150</td></td<> | Café Entrée 30 55 30 60 40 80 55 110 40 80 55 110 40 80 55
 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 30 55 0 0 30 55 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | CaféEntrée1370274061013901350271075015009401870420810370750370750370750340670340670560112021041000340680003406800034068000340680003401000035010000180350551305513055130551003570001803505510550380102501550232025015715502320155023201550232015502320155023201550232015502501550232015502320155023201550232015502320155023201550232015502320155023201550232015502320155023201550232015502320150 |
| Asian Wonton Salad
Caesar Salad
Chicken Berry Pecan Salad (Seaonal)
Chopped Salad - G
Harvest Salad
Santa Fe Ranch Salad
Spinach Sweet Crisp Salad - V
Salad Dressings - Subtract to customize
Asian Dressing (Asian Wonton) - VG
Avocado Ranch (Santa Fe Ranch) - V, G
Balsamic Vinaigrette (Harvest) - VG, G
Caesar (Caesar Salad) - G
House Dressing (Chopped & Mixed Greens) -
VG, G
Strawberry Vinaigrette (Spinach) - VG, G
Salad Toppings - Subtract to customize
All-Natural Chicken - LF
Apples - Diced - LF, VG, G
Avocado - VG, G
Berry Grape Mix - LF, VG, G
Corn Salsa
Dried Cranberries - LF, VG, G
Corn Salsa
Dried Cranberries - LF, VG, G
Corn Salsa
Dried Cranberries - LF, VG, G
Goat Cheese - V, G
Corn Salsa
Dried Cranberries - LF, VG, G
Farmesan Cheese - G
Sweet Crisp Pieces - V
Tomatoes - Diced - LF, VG, G
Tortilla Strips - VG, G
Wonton Strips - LF, VG, G
TRIO / TRIO SIDE SALADS
For Total Nutritionals add Focaccia Roll
Mixed Greens Salad w/dressing (garnish) - VG
Caesar Salad
Mixed Greens Salad w/dressing - V
Salad Dressings - Subtract to customize
Caesar - G
House Dressing - VG, G
Valnuts - VG, G
Wanton Strips - LF, VG, G
TRIO / TRIO SIDE SALADS
For Total Nutritionals add Focaccia Roll
Mixed Greens Salad w/dressing - V
Salad Dressings - Subtract to customize
Caesar - G
House Dressing - VG, G
Vaixad Dressing - VG, G
Seasonal Fruit Medley - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Pico Quinoa & Black Bean Salad - LF, VG, G
Dico Chicken Noodle
Zesty Chicken Tortilla W/Tortilla Strips - G
Loaded Baked Potato w/Cheddar Cheese
Cheddar Broccoli
Mom's Chicken Noodle
Zesty Chicken Tortilla W/Tortilla Strips - G
Loaded Baked Potato w/Cheddar Cheese & Green
Onion
Roasted Tomato Basil w/Croutons - VG | 250 510 310 620 270 540 420 840 400 800 360 720 260 510 100 200 110 220 80 160 190 370 160 320 80 170 60 110 15 30 40 80 80 150 35 70 60 120 60 120 60 120 60 120 60 120 60 120 60 120 60 110 30 60 420 45 90 50 100 25 80 160 70 150 20 45 2170 60 <td>80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 5 100 130 270 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 330 60 50 110 0 0 325 50 0 0 35 70 20 40 35 70 20 140 70 130 0 0 110 50 25 60 120 100 120 100 <</td> <td>Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 21 5 10 15 30 5 10 0 1 0 1 0 1 0 0 15 10 0 1 0 0 15 10 4 8 2 5 3 6 0 0 2.5 5 3 6 0 0 4 8 7 15 0 0 4 8 7 15 7 15 7 13 11 0 2 32 4 8 7 13 11 0 2 32 15 7 13 11 0 2 17 27<!--</td--><td>Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 1 2 0 0 0 0 0 0 0 0 1 2 0 0 0 0 0 0 1 0 0 0 1.5 0 0 0 1 1 2 0.5 0 0 1.5 0 0.5 0</td><td>Café Entrée 0 0</td><td>Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 6 12 8 16 1 2 5 9 0 1 9 19 0 1 9 19 0 1 9 19 0 1 3 6 12 23 6 12 3 5 9 1 3 5 9 1 1 2 3 5 9 16 14 36 15 15</td><td>Café Entrée 3 7 2 4 5 9 4 8 4 8 4 8 4 8 4 9 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 1 2 1 2 1 2 2 3 0 0 1 2 2 3 0 0 2 <</td><td>Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 2 9 0 1 7 15 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 2 5 3</td><td>Café Entrée 18 36 18 15 17 33 22 44 19 37 19 38 5 10 1 3 1 20 0 0 1 21 0 0 1 22 0 0 1 22 0 0 1 22 0 0 11 22 0 0 1 1 0 1 1 1 0 1 1 2 3 5 0 1 1 2 1 2 3 5 0 1 1 2 1 2 1 2</td><td>Café Entrée 30 55 30 80 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35
 0 0 10 25 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 <tr< td=""><td>CaféEntrée13702740610123070013901350271075015009401870420810370750210420340670560112021041000340680003406800034068000340680002304609018022043000501000050100551055510555105551055035055105551055510555105551055510555105503801026050038010210155023201250187014102110155015901400215014002150</td></tr<></td></td> | 80 160 240 480 120 240 270 540 180 370 200 390 100 200 50 100 100 200 5 100 130 270 45 90 130 270 45 90 5 10 0 0 30 60 50 110 0 0 330 60 50 110 0 0 325 50 0 0 35 70 20 40 35 70 20 140 70 130 0 0 110 50 25 60 120 100 120 100 < | Café Entrée 9 17 27 54 13 27 30 60 20 41 22 43 11 22 6 11 11 21 5 10 15 30 5 10 0 1 0 1 0 1 0 0 15 10 0 1 0 0 15 10 4 8 2 5 3 6 0 0 2.5 5 3 6 0 0 4 8 7
15 0 0 4 8 7 15 7 15 7 13 11 0 2 32 4 8 7 13 11 0 2 32 15 7 13 11 0 2 17 27 </td <td>Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 1 2 0 0 0 0 0 0 0 0 1 2 0 0 0 0 0 0 1 0 0 0 1.5 0 0 0 1 1 2 0.5 0 0 1.5 0 0.5 0</td> <td>Café Entrée 0 0</td> <td>Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 6 12 8 16 1 2 5 9 0 1 9 19 0 1 9 19 0 1 9 19 0 1 3 6 12 23 6 12 3 5 9 1 3 5 9 1 1 2 3 5 9 16 14 36 15 15</td> <td>Café Entrée 3 7 2 4 5 9 4 8 4 8 4 8 4 8 4 9 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 1 2 1 2 1 2 2 3 0 0 1 2 2 3 0 0 2 <</td> <td>Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 2 9 0 1 7 15 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 2 5 3</td> <td>Café Entrée 18 36 18 15 17 33 22 44 19 37 19 38 5 10 1 3 1 20 0 0 1 21 0 0 1 22 0 0 1 22 0 0 1 22 0 0 11 22 0 0 1 1 0 1 1 1 0 1 1 2 3 5 0 1 1 2 1 2 3 5 0 1 1 2 1 2 1 2</td> <td>Café Entrée 30 55 30 80 40 80 55 110 40 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 10 25 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 <tr< td=""><td>CaféEntrée13702740610123070013901350271075015009401870420810370750210420340670560112021041000340680003406800034068000340680002304609018022043000501000050100551055510555105551055035055105551055510555105551055510555105503801026050038010210155023201250187014102110155015901400215014002150</td></tr<></td> | Café Entrée 1 1.5 5 11 4.5 9 8 16 5 11 5 10 4 8 0.5 1.5 2 3.5 1 2 3 6 2 3.5 1 2 0 0 0 0 0 0 1 2 0 0 0 0 0 0 0 0 1 2 0 0 0 0 0 0 1 0 0 0 1.5 0 0 0 1 1 2 0.5 0 0 1.5 0 0.5 0
 | Café Entrée 0 0 | Café Entrée 28 57 10 21 22 42 16 32 38 76 25 50 35 69 13 25 2 5 6 13 1 2 6 12 8 16 1 2 5 9 0 1 9 19 0 1 9 19 0 1 9 19 0 1 3 6 12 23 6 12 3 5 9 1 3 5 9 1 1 2 3 5 9 16 14 36 15 15
 | Café Entrée 3 7 2 4 5 9 4 8 4 8 4 8 4 8 4 9 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 2 3 0 0 1 2 0 0 1 2 0 0 1 2 0 0 1 2 1 2 1 2 1 2 2 3 0 0 1 2 2 3 0 0 2 < | Café Entrée 16 32 15 29 10 19 23 47 6 12 22 44 10 20 1 2 5 10 1 2 5 10 7 13 0 1 2 9 0 1 7 15 0 0 1 2 9 18 0 0 1 2 9 18 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 3 6 0 0 1 1 2 5 3 | Café Entrée 18 36 18 15 17 33 22 44 19 37 19 38 5 10 1 3 1 20 0 0 1 21 0 0 1 22 0 0 1 22 0 0 1 22 0 0 11 22 0 0 1 1 0 1 1 1 0 1 1 2 3 5 0 1 1 2 1 2 3 5 0 1 1 2 1 2 1 2 | Café Entrée 30 55 30 80 40 80 55 110 40
 80 55 110 40 80 55 110 20 40 0 0 10 25 0 0 20 35 0 0 20 35 0 0 20 35 0 0 10 25 0 0 15 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 <tr< td=""><td>CaféEntrée13702740610123070013901350271075015009401870420810370750210420340670560112021041000340680003406800034068000340680002304609018022043000501000050100551055510555105551055035055105551055510555105551055510555105503801026050038010210155023201250187014102110155015901400215014002150</td></tr<> | CaféEntrée13702740610123070013901350271075015009401870420810370750210420340670560112021041000340680003406800034068000340680002304609018022043000501000050100551055510555105551055035055105551055510555105551055510555105503801026050038010210155023201250187014102110155015901400215014002150 |

PASTA ENTREES	Cal	ories	Calorie	s from Fat	Tota	al Fat	Satura	ted Fat	Tran	s Fat	Ca	rbs	Fil	ber	Su	gar	Pro	otein	Chole	esterol	Sod	ium
For Total Nutritionals add Garlic Bread (See sides)	Café	Entrée	Café	Entrée	Café	Entrée	Café	Entrée	Café	Entrée	Café	Entrée	Café	Entrée	Café	Entrée	Café	Entrée	Café	Entrée	Café	Entrée
Chicken Carbonara	570	1140	260	520	29	58	15	31	0.5*	1*	43	86	3	6	3	6	32	65	115	225	950	1900
Mac & Three Cheese - V Bacon Tomato Mac & Three Cheese	500 580	840 1010	260 310	390 500	28 35	43 56	16 19	24 29	0	0	42 44	81 84	2	5 6	2	3 6	21 26	35 46	90 105	135 165	710 1050	1060 1750
Cavatappi with Marinara - V	270	550	60	120	6	13	1.5	2.5	0	0	43	86	4	8	5	9	11	22	5	10	460	910
Pesto Cavatappi Linguini with Meatballs	550 590	1100 930	270 240	540 310	30 26	60 35	13 9	27 12	0	1* 0	42 57	83 109	3	6 11	2	4 12	26 35	52 49	95 50	195 65	670 2230	1340 2770
Pasta Toppings - Subtract to customize																						
Parmesan Cheese (Carbonara & Marinara) - G SANDWICHES	25 Cal	50 ories	20 Calorie	35 s from Fat	2 Tota	4 al Fat	1 Satura	2 ted Fat	0 Tran	0 s Fat	0 C7	0 Irbs	0	0 ber	0 Su	0 Mar	2 Pro	4 otein	5 Chole	10 sterol	90 Sod i	180 ium
For Total Nutritionals add Bakery Chips or Baby	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole
Carrots & Pickle BBLT	370	740	190	370	21	42	8	16	0	0	29	58	2	5	5	10	15	30	55	110	1220	2430
Chicken Bacon Club Sandwich (Seasonal)	430	860	190	390	21	43	7	13	0	0	33	66	5	10	5	11	28	56	70	140	1050	2100
Chicken Pesto on Baguette D.C. Chicken Salad on Steakhouse Rye Bread	380 310	750 610	80 90	150 180	8 10	17 20	1 1.5	2.5 3.5	0 0	0	47 40	95 81	3	5 9	4 12	8 24	24 12	48 23	45 30	90 55	930 620	1860 1240
Ham & Swiss on Pretzel Bread	300 330	610 670	60 130	120 270	7 15	14 30	2.5 5	5 10	0	0 0.5*	39 30	79 60	2	3 6	7 5	14 10	20 20	41 40	30 50	65 105	1150 820	2310 1640
Roast Beef & Cheddar on Sesame Tomato Mozzarella on Baguette - V	380	760	100	210	12	23	7	10	0	0.5**	47	94	4	7	5	10	17	33	30	60	790	1580
Tuna Salad on Harvest Bread	300	610	140	280 330	16 18	32 36	3 4.5	6	0	0	29 32	59 64	3	7 10	5	10 10	16 23	31 46	25 45	55 85	620	1240 2200
Uptown Turkey Avocado on Harvest Bread GRILLED FLATS	370 Cal	730 ories	160 Calorie	s from Fat	-	al Fat	-	9 ted Fat	0	s Fat	-	o4 Irbs	-	ber	ວ Su		-	40 Dtein		esterol	1100 Sodi	
For Total Nutritionals add Baby Carrots		hole		/hole		hole	W	nole		ole		hole		ole		ole		nole		nole	Wh	
Caprese - V Chicken Caesar		10 30		140 140		16 15		6 3))		28 28		2		3 4		13 19		25 10	50 70	
Southwest Chicken		130 180		70		8		5				20 34		2		5		19		30	86	
PANINI & HOT SANDWICHES	Cal	ories	Calorie	s from Fat	Tota	al Fat	Satura	ted Fat	Tran	s Fat	Ca	rbs	Fil	ber	Su	gar	Pro	otein	Chole	esterol	Sod	ium
For Total Nutritionals add Bakery Chips or Baby Carrots & Pickle	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole
California Grille - V Chickon Romodori	360	710	190	390	22	43	8	15	0	0.5*	31	62	4	8	5	10	13	26	20	40 105	660	1320
Chicken Pomodori Club Panini	390 420	780 850	170 200	340 400	19 22	38 45	7 10	15 19	0 0.5*	0.5* 1*	31 30	62 60	1	3 3	1	3 3	22 24	45 49	50 55	105 115	890 1360	1780 2710
Sliced Meatball Panini	410	830	200	400	22	44	9	18	0	0.5*	33	66	3	5	3	5	21	42	35	75	1480	2950
Steak & Cheese Dipping Sauce - Subtract to customize	470	950	160	320	18	36	8	16	0.5*	1*	46	92	3	6	3	6	31	62	60	120	1000	2000
Marinara Sauce - Side (Meatball Panini)		40		20		2		0		-		5		1		-		1		0	24	
SPREADS & DRESSINGS		ories		s from Fat		al Fat		ted Fat		s Fat		irbs		ber	Su			otein		sterol	Sodi	
Subtract to customize	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole	Half	Whole
Balsamic Cracked Pepper Mayonnaise (BBLT) Balsamic Vinaigrette Dressing	60	120	45	90	5	10	0.5	1.5	0	0	2	3	0	0	0	1	0	0	15	25	200	400
(Tomato Mozzarella) - VG, G	25	50	15	30	1.5	3	0.5	0.5	0	0	2	4	0	0	2	3	0	0	0	0	60	120
CBC Mayonnaise (Uptown Turkey) - V CBC Mayonnaise (Club Panini) - V	45 20	90 45	35 20	70 35	4	8 4	0.5 0	1 0.5	0 0	0	0	2 1	0	0	0	0	0	0	10 5	20 10	150 75	300 150
House Dressing (Chicken Pesto) - VG, G	30 45	60 80	25 35	50 80	2.5 4	5 8	0 0.5	0.5 1	0 0	0	1	2	0	0	1	2	0	0	0 10	0 15	105 150	210 280
Pesto Mayonnaise (Chicken Pesto) - V Pesto Mayonnaise (Chicken Pomodori) - V	20	45	20	35	2	4	0.5	0.5	0	0	0	1	0	0	0	0	0	0	5	10	75	150
Stoneground Mustard (Ham on Pretzel) - LF, V	15	30	0	0	0	0	0	0	0	0	3	6	0	0	0	0	0	0	0	0	360	720
SIDES Baby Carrots - LF, VG, G		ories 35	Calorie	s from Fat		al Fat 0	Satura	ted Fat	Tran	s Fat		rbs 8	FI	per 2	Su		Pro	tein 1	Chole	esterol 0	Sod	
Bakery Chips - VG, G	1	.50		70		8		.5		5	1	17		1		D		2		0	14	10
Banana - Whole (Kids' Menu) - LF, VG, G Focaccia Roll - LF, VG		.10 .00		0 15		0 1.5		0 0))		27 19		3 1		.4 0		1 2		0 0	28	
Garlic Bread (Pasta Entrées Only) - V	1	.60		50		6		2		0	2	22		-		1		4		5	23	30
Grapes - Small Bunch (Kids' Menu) - LF, VG, G Pickle Spear - LF, VG, G		40 5		0		0		0))		11 1		1 0		9 D		0		0 0	33	
Seasonal Fruit Medley - LF, VG, G		60		0		0		0		5		15		2		.3		1		0	1	
KIDS' MENU Kids' Cheesy Scrambler w/Toast & Bacon		ories 130		s from Fat 220	-	al Fat 25	-	ted Fat		s Fat		1 rbs 27		per 2	Su			otein 24		esterol 55	Sod 10	
Kids' Cheesy Scrambler w/Toast & Fresh Fruit - V	3	80		150	:	17		8)	4	43		3	1	.6	1	18	3	35	56	50
Kids' Scrambler w/Toast & Bacon Kids' Scrambler w/Toast & Fresh Fruit - V		70 30		180 110		20 12		8 5))		27 41		2		4 .6		20 14		40 20	93 47	
Kids' Chocolate Chip Pancakes w/Bacon (2 stack		70		320		35		17)		50		3		3		14		35	12	
w/butter) Kids' Pancakes w/Bacon (2 stack w/butter)		30		250		28		12		2 D		31		1		8		12		35	12	
Add to customize - Vanilla Syrup - LF	(60		0		0		0			3	39		0	3	9		0		0	1	0
Macaroni & Cheese - V Pasta Marinara - LF, V		90 190		240																35	89	
Pasta Marinara w/ Meatball	3			40	4	27 4.5		L7 0	1	*		41 43		3 4		3 5		22 9		0		
Pasta w/ Cream Sauce - V For Total Nutritionals add a Side, Pickle, Cookie and		60		120	:	4.5 13	3	0 5))	2	43 14		4 5		5	1	9 19	2	0 20	37 11	50
		100		120 190		4.5 13 21	3	0 1.5 12	0.)) 5*	2	43 44 39		4 5 3		5 5 2	1	9 19 13	2	0 20 70	37 11 23	50 30
a Drink	Half	Whole	Half	120 190 Whole	Half	4.5 13 21 Whole	3 Half	0 3.5 12 Whole	0. Half)) 5* Whole	4 2 3 Half	43 44 39 Whole	Half	4 5 3 Whole	Half	5 5 2 Whole	i Half	9 19 13 Whole	2 7 Half	0 20 70 Whole	37 11 23 Half	50 30 Whole
		100		120 190		4.5 13 21	3	0 1.5 12	0.)) 5*	2	43 44 39		4 5 3		5 5 2	1	9 19 13	2	0 20 70	37 11 23	50 30
a Drink Grilled Cheese Sandwich on Mom's White - V Grilled Cheese Sandwich on Harvest - V Ham Sandwich on Mom's White	Half 280 300 150	Whole 560 610 310	Half 140 160 30	120 190 Whole 280 320 60	Half 16 18 3.5	4.5 13 21 Whole 31 36 7	3 Half 8 8 2	0 3.5 12 Whole 16 16 4	0. Half 0 0 0	0 5* Whole 1* 1* 0	2 Half 25 27 22	43 44 39 Whole 50 54 44	Half 2 3 1	4 5 3 Whole 3 5 3	Half 3 3 3	5 5 2 Whole 6 7 6	1 Half 10 12 9	9 19 13 Whole 19 23 17	2 7 Half 40 30 25	0 20 70 Whole 75 55 50	37 111 23 Half 440 470 480	50 30 Whole 880 940 970
a Drink Grilled Cheese Sandwich on Mom's White - V Grilled Cheese Sandwich on Harvest - V	Half 280 300	Whole 560 610	Half 140 160	120 190 Whole 280 320	Half 16 18	4.5 13 21 Whole 31 36	3 Half 8 8	0 3.5 12 Whole 16 16	0. Half 0 0	0 5* Whole 1* 1*	2 3 Half 25 27	43 44 39 Whole 50 54	Half 2 3	4 5 3 Whole 3 5	Half 3 3	5 5 2 Whole 6 7	1 Half 10 12	9 19 13 Whole 19 23	2 7 Half 40 30	0 20 70 Whole 75 55	37 111 23 Half 440 470	50 30 Whole 880 940
a Drink Grilled Cheese Sandwich on Mom's White - V Grilled Cheese Sandwich on Harvest - V Ham Sandwich on Mom's White Ham Sandwich on Harvest Peanut Butter & Jelly Sandwich on Mom's White - V Peanut Butter & Jelly Sandwich on Harvest - VG	Half 280 300 150 200 360 400	Whole 560 610 310 400 720 800	Half 140 160 30 60 150 170	120 190 Whole 280 320 60 120 290 350	Half 16 18 3.5 6 16 19	4.5 13 21 Whole 31 36 7 13 32 38	Half 8 8 2 2 4.5 4.5 4.5	0 3.5 12 Whole 16 16 4 4 9 9 9	0. Half 0 0 0 0 0 0 0 0 0 0	0 5* Whole 1* 1* 0 0 0 0 0	25 27 22 27 47 53	43 44 39 Whole 50 54 44 55 95 105	Half 2 3 1 3 3 5	4 5 3 Whole 3 5 3 5 7 9	Half 3 3 4 23 24	5 5 2 Whole 6 7 6 8 46 46 47	10 12 9 11 9 12	9 19 13 Whole 19 23 17 22 18 23	2 7 Half 40 30 25 15 10 5	0 20 70 Whole 75 55 50 30 25 5	37 111 23 Half 440 470 480 550 360 420	50 30 Whole 880 940 970 1100 720 850
a Drink Grilled Cheese Sandwich on Mom's White - V Grilled Cheese Sandwich on Harvest - V Ham Sandwich on Mom's White Ham Sandwich on Harvest Peanut Butter & Jelly Sandwich on Mom's White - V	Half 280 300 150 200 360	00 Whole 560 610 310 400 720	Half 140 160 30 60 150	120 190 Whole 280 320 60 120 290	Half 16 18 3.5 6 16	4.5 13 21 Whole 31 36 7 13 32	3 Half 8 8 2 2 4.5	0 3.5 12 Whole 16 16 4 4 4 9	0. Half 0 0 0 0 0	0 5* Whole 1* 1* 0 0 0	25 27 22 27 47	43 44 39 Whole 50 54 44 55 95	Half 2 3 1 3 3	4 5 3 Whole 3 5 3 5 7	Half 3 3 4 23	5 5 2 Whole 6 7 6 8 46	10 12 9 11 9	9 19 13 Whole 19 23 17 22 18	2 7 Half 40 30 25 15 10	0 20 70 Whole 75 55 50 30 25	37 111 23 Half 440 470 480 550 360	50 30 Whole 880 940 970 1100 720
a Drink Grilled Cheese Sandwich on Mom's White - V Grilled Cheese Sandwich on Harvest - V Ham Sandwich on Mom's White Ham Sandwich on Harvest Peanut Butter & Jelly Sandwich on Mom's White - V Peanut Butter & Jelly Sandwich on Harvest - VG Turkey Sandwich on Mom's White Turkey Sandwich on Harvest Add Spread - Mayo - V	Half 280 300 150 200 360 400 160 200 45	Whole 560 610 310 400 720 800 300 390 90	Half 140 160 30 60 150 170 40 60 35	120 190 Whole 280 320 60 120 290 350 60 110 70	Half 16 18 3.5 6 16 19 4 6 4	4.5 13 21 Whole 31 36 7 13 32 38 7 12 8	3 Half 8 8 2 2 4.5 4.5 2 2 2 0.5	0 .5 .2 Whole 16 16 4 4 9 9 9 3.5 3.5 3.5 1	0. Half 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 5* Whole 1* 1* 0 0 0 0 0 0 0 0 0 0 0	25 27 22 27 47 53 21 28 1	43 44 39 Whole 50 54 44 55 95 105 44 55 2	Half 2 3 1 3 3 3 5 1 3 3 0	4 5 3 Whole 3 5 3 5 7 9 3 5 7 9 3 5 0	Half 3 3 4 23 24 2 2 4 0	5 5 2 Whole 6 7 6 8 46 47 6 8 46 47 6 8 0	10 12 9 11 9 12 9 11 9 12 9 11 0	9 19 13 Whole 19 23 17 22 18 23 17 22 18 23 17 22 0	Half 40 30 25 15 10 5 20 15 10	0 20 70 Whole 75 55 50 30 25 5 50 30 25 50 30 20	37 111 23 Half 440 470 480 550 360 420 640 600 150	50 30 Whole 880 940 970 1100 720 850 1070 1200 300
a Drink Grilled Cheese Sandwich on Mom's White - V Grilled Cheese Sandwich on Harvest - V Ham Sandwich on Mom's White Ham Sandwich on Harvest Peanut Butter & Jelly Sandwich on Mom's White - V Peanut Butter & Jelly Sandwich on Harvest - VG Turkey Sandwich on Mom's White Turkey Sandwich on Harvest	Half 280 300 150 200 360 400 160 200	Whole 560 610 310 400 720 800 300 390	Half 140 160 30 60 150 170 40 60	120 190 Whole 280 320 60 120 290 350 60 110	Half 16 18 3.5 6 16 19 4 6	4.5 13 21 Whole 31 36 7 13 32 38 7 12	3 Half 8 8 2 2 4.5 4.5 4.5 2 2 2	0 3.5 12 Whole 16 16 4 4 4 9 9 9 3.5 3.5	0. Half 0 0 0 0 0 0 0 0 0 0 0 0 0	0 5* Whole 1* 1* 0 0 0 0 0 0 0 0	25 27 22 27 47 53 21	43 44 39 Whole 50 54 44 45 95 105 44 55	Half 2 3 1 3 3 5 1 3	4 5 3 Whole 3 5 3 5 5 7 9 3 3 5 5 5	Half 3 3 4 23 24 2 4	5 2 Whole 6 7 6 8 46 47 6 8	10 10 12 9 11 9 12 9 12 9 11	9 19 13 Whole 19 23 17 22 18 23 17 22 18 23 17 22	40 30 25 15 10 5 20 15	0 20 70 Whole 75 55 50 30 25 5 5 50 30	37 111 23 Half 440 470 480 550 360 420 640 600	50 30 Whole 880 940 970 1100 720 850 1070 1200
a Drink Grilled Cheese Sandwich on Mom's White - V Grilled Cheese Sandwich on Harvest - V Ham Sandwich on Mom's White Ham Sandwich on Harvest Peanut Butter & Jelly Sandwich on Mom's White - V Peanut Butter & Jelly Sandwich on Harvest - VG Turkey Sandwich on Harvest Add Spread - Mayo - V Add Spread - Stoneground Mustard - LF, V Soups for Kids' Combo Cheddar Broccoli	Half 280 300 150 200 360 400 160 200 45 15	000 Whole 560 610 310 400 720 800 300 300 390 90 30 300 50	Half 140 160 30 60 150 170 40 60 35 0	120 190 Whole 280 320 60 120 290 350 60 110 70 0	Half 16 18 3.5 6 16 19 4 6 4 0	4.5 13 21 Whole 31 36 7 13 32 38 7 12 8 0 11	3 Half 8 8 2 2 4.5 4.5 2 2 0.5 0	0 .5 12 Whole 16 16 4 4 9 9 9 3.5 3.5 3.5 1 0 7	0. Half 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 55* Whole 1* 1* 0 0 0 0 0 0 0 0 0 0 0	4 25 27 22 27 47 53 21 28 1 3	43 44 39 Whole 50 54 44 55 95 105 44 55 2 6 9	Half 2 3 1 3 3 5 1 3 0 0	4 5 3 Whole 3 5 3 5 7 9 3 5 0 0 0 0	Half 3 3 3 4 23 24 2 4 0 0	5 5 2 Whole 6 7 6 8 46 47 6 8 40 47 6 8 0 0 0 3	10 Half 10 12 9 11 9 12 9 11 0 0 0	9 19 13 Whole 19 23 17 22 18 23 17 22 3 17 22 0 0 0 5	Half 40 30 25 15 10 5 20 15 10 0 3	0 20 70 Whole 75 55 50 30 25 5 5 50 30 25 5 5 0 30 20 0 0 33 30	37 11: 23 Half 440 470 480 550 360 420 640 600 150 360 77	50 30 Whole 880 940 970 1100 720 850 1070 1200 300 720
a Drink Grilled Cheese Sandwich on Mom's White - V Grilled Cheese Sandwich on Harvest - V Ham Sandwich on Mom's White Ham Sandwich on Harvest Peanut Butter & Jelly Sandwich on Mom's White - V Peanut Butter & Jelly Sandwich on Harvest - VG Turkey Sandwich on Mom's White Turkey Sandwich on Harvest Add Spread - Mayo - V Add Spread - Stoneground Mustard - LF, V Soups for Kids' Combo	Half 280 300 150 200 360 400 160 200 45 15	000 Whole 560 610 310 400 720 800 300 300 300 90 30 50 90 90	Half 140 160 30 60 150 170 40 60 35 0	120 190 Whole 280 320 60 120 290 350 60 110 70 0 100 20 35	Half 16 18 3.5 6 16 19 4 6 4 0	4.5 13 21 Whole 31 36 7 13 32 38 7 12 8 0	Half 8 8 2 2 4.5 2 2 0.5 0	0 .5 12 Whole 16 16 4 4 9 9 3.5 3.5 3.5 1 0	0. Half 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 055* Whole 1* 1* 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	4 Half 25 27 22 27 47 53 21 28 1 3	43 44 39 Whole 50 54 44 45 55 95 105 44 45 5 2 6	Half 2 3 1 3 5 1 3 0 0 0	4 5 3 Whole 3 5 3 5 7 9 3 5 7 9 3 5 0	Half 3 3 3 4 23 24 2 4 0 0	5 5 2 Whole 6 7 6 8 46 47 6 8 40 47 6 8 0 0 0 3	Half 10 12 9 11 9 12 9 11 0 0	9 19 13 Whole 19 23 17 22 18 23 17 22 18 23 17 22 0 0 0	Half 40 30 25 15 10 5 20 15 10 0 3 2 2 3	0 20 70 Whole 75 55 50 30 225 5 50 30 20 0 0 35 20 5	37 111 23 Half 440 470 480 550 360 420 640 640 640 600 150 360	50 80 Whole 880 940 970 1100 770 1200 300 720 80 80 80 80 80 80 80 80 80 8
a Drink Grilled Cheese Sandwich on Mom's White - V Grilled Cheese Sandwich on Harvest - V Ham Sandwich on Mom's White Ham Sandwich on Harvest Peanut Butter & Jelly Sandwich on Mom's White - V Peanut Butter & Jelly Sandwich on Harvest - VG Turkey Sandwich on Mom's White Turkey Sandwich on Harvest Add Spread - Mayo - V Add Spread - Stoneground Mustard - LF, V Soups for Kids' Combo Cheddar Broccoli Mom's Chicken Noodle - LF Zesty Chicken Tortilla Loaded Baked Potato	Half 280 300 150 200 360 400 160 200 45 15 15	Whole 560 610 310 400 720 800 300 390 90 50 90 90 90	Half 140 160 30 60 150 170 40 60 35 0	120 190 Whole 280 320 60 120 290 350 60 110 70 0 100 20 35 130	Half 16 18 3.5 6 16 19 4 6 4 0 	4.5 13 21 Whole 31 36 7 13 32 38 7 12 8 0 11 2 4 15	3 Half 8 8 2 4.5 4.5 2 2 0.5 0 0	0 .5 12 Whole 16 16 4 9 9 3.5 3.5 1 0 7 5.5 0 8	0. Half 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 55* Whole 1* 1* 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	25 27 22 27 47 53 21 28 1 3 1 3	43 44 39 Whole 50 54 44 55 105 44 45 5 2 6 6 9 13 11 11	Half 2 3 1 3 3 5 1 3 0 0	4 5 3 Whole 3 5 3 5 7 9 3 5 0 0 0 1 1 3 3 1	Half 3 3 3 4 23 24 2 4 0 0	5 5 2 Whole 6 7 6 8 46 47 6 8 47 6 8 0 0 0 3 1 2 2 3	10 12 9 11 9 12 9 11 0 0	9 19 13 Whole 19 23 17 22 18 23 17 22 18 23 17 22 0 0 0 5 5 5 5 6	Half 40 30 25 15 10 5 20 15 10 0 3 2 2 4 4	0 20 70 Whole 75 55 50 30 25 5 50 30 20 0 85 20 5 5	37 11 23 Half 440 470 480 550 550 360 420 640 600 150 360 777 63 360 777 63 770 550	50 30 Whole 880 940 970 1100 720 850 1070 1200 300 720 720 720 850 1070 1200 850 1070 1200 850 1070 1200 850 1070 100 850 1070 100 850 1070 100 100 850 1070 100 100 100 100 100 100 1
a Drink Grilled Cheese Sandwich on Mom's White - V Grilled Cheese Sandwich on Harvest - V Ham Sandwich on Mom's White Ham Sandwich on Harvest Peanut Butter & Jelly Sandwich on Mom's White - V Peanut Butter & Jelly Sandwich on Harvest - VG Turkey Sandwich on Mom's White Turkey Sandwich on Harvest Add Spread - Mayo - V Add Spread - Stoneground Mustard - LF, V Soups for Kids' Combo Cheddar Broccoli Mom's Chicken Noodle - LF Zesty Chicken Tortilla	Half 280 300 150 200 360 400 160 200 45 15 1	000 Whole 560 610 310 400 720 800 300 390 300 390 90 30 50 90 90 30 20 20 20 20 20 20 20 20 20 2	Half 140 160 30 60 150 170 40 60 35 0	120 190 Whole 280 320 60 120 290 350 60 110 70 0 100 20 35	Half 16 18 3.5 6 16 19 4 6 4 0 	4.5 13 21 Whole 31 36 7 13 32 38 7 12 8 0 11 2 4	3 Half 8 8 2 4.5 4.5 2 2 0.5 0 0	0 .5 12 Whole 16 16 4 4 9 9 3.5 3.5 1 0 7 .5 0	0. Half 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 55* Whole 1* 1* 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	4 Half 25 27 22 27 47 53 21 28 1 3 21 28 1 3 21 28 1 3	43 44 39 Whole 50 54 44 55 95 105 44 55 2 6 9 13 11 11 12	Half 2 3 1 3 3 5 1 3 0 0	4 5 3 Whole 3 5 3 5 7 9 3 5 0 0 0 1 1 1 3	Half 3 3 3 4 23 24 2 4 0 0	5 5 2 Whole 6 7 6 8 46 47 6 8 46 47 6 8 0 0 0 3 1 2 2 3 3 7	10 12 9 11 9 12 9 11 0 0	9 19 13 Whole 19 23 17 22 18 23 17 22 18 23 17 20 0 0 5 5 5 5	Half 40 30 25 15 10 5 20 15 10 0 3 2 2 4 4	0 20 70 Whole 75 55 50 30 225 5 50 30 20 0 0 35 20 5	37 11: 23 Half 440 470 480 550 360 420 640 600 150 360 77 63 360 777 63 66	50 30 Whole 880 940 970 1100 720 850 1070 1200 300 720 720 300 720 720 300 720 720 720 720 720 720 720 7
a Drink Grilled Cheese Sandwich on Mom's White - V Grilled Cheese Sandwich on Harvest - V Ham Sandwich on Mom's White Ham Sandwich on Harvest Peanut Butter & Jelly Sandwich on Mom's White - V Peanut Butter & Jelly Sandwich on Harvest - VG Turkey Sandwich on Mom's White Turkey Sandwich on Harvest Add Spread - Mayo - V Add Spread - Stoneground Mustard - LF, V Soups for Kids' Combo Cheddar Broccoli Mom's Chicken Noodle - LF Zesty Chicken Tortilla Loaded Baked Potato Roasted Tomato Basil - LF, V Drinks for Kids' Menu Kids' Apple Juice (may vary by Cafe) - LF	Half 280 300 150 200 360 400 160 200 45 15 15 1 5 200 45 15	000 Whole 560 610 310 400 720 800 300 300 390 300 390 300 300 3	Half 140 160 30 60 150 170 40 60 35 0	120 190 Whole 280 320 60 120 290 350 60 110 70 0 100 20 35 130 15 100	Half 16 18 3.5 6 16 19 4 6 4 0 	4.5 13 21 Whole 31 36 7 13 32 38 7 12 8 0 11 2 4 15 2 2	3 Half 8 8 2 4.5 4.5 2 2 0.5 0	0 .5 12 Whole 16 16 4 4 9 9 3.5 3.5 1 0 7 .5 0 8 0 0	0. Half 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 55* Whole 1* 1* 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Half 25 27 22 27 47 53 21 28 1 3 3	43 44 39 Whole 50 54 44 55 95 105 44 55 2 6 9 105 44 55 2 6 9 113 11 12 22	Half 2 3 1 3 3 5 1 3 0 0	4 5 3 Whole 3 5 3 5 7 9 3 5 0 0 0 1 1 1 3 1 1 2 0	Half 3 3 4 23 24 2 4 0 0 0	5 5 2 Whole 6 7 6 8 46 47 6 8 46 47 6 8 0 0 0 3 1 2 3 7	10 12 9 11 9 12 9 11 0 0	9 19 13 Whole 19 23 17 22 18 23 17 22 0 0 0 5 5 5 6 1 1 0	Half 40 30 25 15 10 5 20 15 10 0 3 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	0 20 70 Whole 75 55 50 30 225 5 5 50 30 20 0 0 85 5 50 0	37 11: 23 Half 440 470 480 555 360 420 640 640 640 640 640 640 640 640 640 64	50 80 Whole 880 940 970 1100 720 850 1070 1200 300 720 70 80 00 5
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a Drink Grilled Cheese Sandwich on Mom's White - V Grilled Cheese Sandwich on Harvest - V Ham Sandwich on Mom's White Ham Sandwich on Harvest Peanut Butter & Jelly Sandwich on Mom's White - V Peanut Butter & Jelly Sandwich on Harvest - VG Turkey Sandwich on Mom's White Turkey Sandwich on Harvest Add Spread - Mayo - V Add Spread - Stoneground Mustard - LF, V Soups for Kids' Combo Cheddar Broccoli Mom's Chicken Noodle - LF Zesty Chicken Tortilla Loaded Baked Potato Roasted Tomato Basil - LF, V Drinks for Kids' Menu Kids' Apple Juice (may vary by Cafe) - LF Kids' Free Pour Milk Skim Milk - LF Chocolate Milk - Whole Checolate Milk - Skim - LF Kids' Soda Coca Cola Cherry Coca Cola Diet Coca Cola Caffeine Free Coca Cola Zero Fresca Fanta	Half 280 300 150 200 360 400 160 200 45 15 1 1 9 9 2 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Whole 560 610 310 400 720 800 300 390 90 300 50 90 300 50 90 90 300 50 90 300 50 90	Half 140 160 30 60 150 40 60 35 0	120 190 Whole 280 320 60 120 290 350 60 110 70 0 100 20 20 20 20 20 20 20 20 20	Half 16 18 3.5 6 16 19 4 6 4 0 0 12 12 	4.5 13 21 Whole 31 36 7 13 32 38 7 12 8 0 0 11 2 4 15 2 0 0 0 2 0 2 0 2 0 0 0 0 0 0 0 0 0 0 0 0 0	3 Haif 8 8 2 4.5 4.5 2 2 0.5 0 0 0 0	0 .5 12 Whole 16 16 4 9 9 3.5 3.5 1 0 7 7 5 0 7 7 5 0 8 0 0 7 7 5 0 8 0 0 7 7 7 0 7 7 0 7 7 0 0 7 7 0 0 0 0 0 0 0 0 0 0 0 0 0	0. Half 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	0 5* Whole 1* 1* 0 0 0 0 0 0 0 0 0 0 0 0 0	Half 25 27 27 47 53 21 28 1 3 1 28 1 3 28 1 3 28 1 3 28 1 3 28 1 3 28 1 3 20 27 27 27 27 27 27 27 27 27 27	 43 44 39 50 54 44 55 95 105 44 55 2 6 9 105 44 55 2 6 9 105 44 55 2 2 6 9 9 2 3 3 4 4 4 5 5 4 4 4 4 5 4 4 4 4 5 4 4 4 5 4 4 4 4 5 4 4 4 4 4 4 5 5 6 7 4 4<td>Half 2 3 1 3 3 5 1 0 0 0</td><td>4 5 3 Whole 3 5 3 5 7 9 3 5 7 9 3 5 0 0 0 1 1 1 1 1 1 1 1 1 1 1 1 1</td><td>Half 3 3 4 23 24 2 4 0 0 0 2 2 2 2 2 2 2 2 2 2 2 2 2</td><td>5 5 2 Whole 6 7 6 8 4 6 8 4 6 8 0 0 0 0 3 1 2 2 3 7 7 3 4 4 9 9 9 4 4 4 9 9 9 4 4 4 5 5 0 0 0 0 8 8 7 7 6 8 8 0 0 0 0 8 8 10 7 6 8 8 0 0 0 0 8 8 10 7 6 8 8 0 0 0 0 8 8 10 10 10 10 10 10 10 10 10 10 10 10 10</td><td>10 12 9 11 9 12 9 11 0 0 0</td><td>9 9 19 13 Whole 19 23 17 22 18 23 17 22 0 0 0 0 5 5 5 5 5 5 5 6 1 0 0 0 0 2 2 2 0 0 0 0 5 5 5 5 5 5 5 5 5 5 5 5 5</td><td>Half 40 30 25 10 5 20 15 10 0 3 2 2 4 15 10 0 3 2 2 4 15 10 0 15 10 0 15 10 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 10 15 10 10 15 10 10 15 10 10 15 10 10 15 10 10 15 10 10 10 10 15 10 10 10 15 10 10 10 10 10 10 10 10 10 10</td><td>0 20 20 75 55 50 30 25 5 50 30 20 0 0 85 5 5 5 5 5 0 30 20 0 0 85 5 5 5 5 5 5 5 5 5 5 5 5 5</td><td>37 11 23 Half 440 470 480 550 360 420 640 600 150 360 777 63 360 22 22 12 15 200 640 150 360 150 150 150 150 150 150 150 15</td><td>50 30 Whole 880 940 970 1100 720 850 1070 1200 300 720 720 720 720 720 720 720 7</td>	Half 2 3 1 3 3 5 1 0 0 0	4 5 3 Whole 3 5 3 5 7 9 3 5 7 9 3 5 0 0 0 1 1 1 1 1 1 1 1 1 1 1 1 1	Half 3 3 4 23 24 2 4 0 0 0 2 2 2 2 2 2 2 2 2 2 2 2 2	5 5 2 Whole 6 7 6 8 4 6 8 4 6 8 0 0 0 0 3 1 2 2 3 7 7 3 4 4 9 9 9 4 4 4 9 9 9 4 4 4 5 5 0 0 0 0 8 8 7 7 6 8 8 0 0 0 0 8 8 10 7 6 8 8 0 0 0 0 8 8 10 7 6 8 8 0 0 0 0 8 8 10 10 10 10 10 10 10 10 10 10 10 10 10	10 12 9 11 9 12 9 11 0 0 0	9 9 19 13 Whole 19 23 17 22 18 23 17 22 0 0 0 0 5 5 5 5 5 5 5 6 1 0 0 0 0 2 2 2 0 0 0 0 5 5 5 5 5 5 5 5 5 5 5 5 5	Half 40 30 25 10 5 20 15 10 0 3 2 2 4 15 10 0 3 2 2 4 15 10 0 15 10 0 15 10 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 0 15 10 10 15 10 10 15 10 10 15 10 10 15 10 10 15 10 10 15 10 10 10 10 15 10 10 10 15 10 10 10 10 10 10 10 10 10 10	0 20 20 75 55 50 30 25 5 50 30 20 0 0 85 5 5 5 5 5 0 30 20 0 0 85 5 5 5 5 5 5 5 5 5 5 5 5 5	37 11 23 Half 440 470 480 550 360 420 640 600 150 360 777 63 360 22 22 12 15 200 640 150 360 150 150 150 150 150 150 150 15	50 30 Whole 880 940 970 1100 720 850 1070 1200 300 720 720 720 720 720 720 720 7

CAKES & SWEETS	Calor	rios	Calorie	s from Fat	Tota	l Fat	Satura	ted Fat	Trans	e Eat	Ca	rbs	Fibe		Sug	iar.	Dro	tein	Chole	storol	Sodi	ium
CARES & SWEETS Chocolate Baby Bundt Cake - V	Calor 560		1	S from Fac 280		li Fac		ited Fair 8	l litelui (0	2		5ug 4	-	Pro		Chole 5		5 00 59	
Chocolate Baby Bundt Cake - V Chocolate Baby Bundt Cake w/White Icing - V	540			230		26		o 7			7		2					6	6	-	53	
								9					4									
Cinnamon Creme Cake - Slice (12 slices/cake) - V	780			330		37		-			10		•		5.			-	7		79	
Lemon Pound Cake - Slice - V	510			140		.6		.5	0		8		0		4	-			3	-	68	
Chocolate Chip Cookie - V	290	-		110		.2		6	0		4		2		2			_	2	-	20	
Monster Cookie - V	320			120		.3		7	C	•	4	-	2		3				2		20	
Oatmeal Raisin Cookie - V	280			90		.0		.5	C			5	2		2				4		39	
Snickerdoodle Cookie - V	290			90		.0		.5	C		4		0		2				4		31	
Sugar Cookie - V	290			90		.0		.5	C		4		0		2				4		31	
Toffee Cookie - V	310	-		130		.4		6	C)	4		1		2			3	2		19	
Twisted Lemon Hand Pie - V	520	20	1	220	2	25	-	13	C)	6	7	1		2	8		6	4	5	49) 0
Blueberry Hand Pie w/Lemon Glaze - V	520	.0		210	2	23		13	C)	7	2	1		3	1		6	4	5	46	50
Lemon Bar - V	660	0	1 7	310	3	34		19	1	*	8	3	1		5	7		7	17	75	39	€0
Maple Pecan Bar - V	690	0	1	330	3	37		.4	0.5	5*	8	3	2		5	1		6	9	0	43	30
Cream Cheese Brownie - V	560	0	1	310	3	34		19	1	*	5	6	2		4	2		9	19	90	39) 0
Fudge Brownie	600	0		280	3	81		19	0.5	5*	7	9	4		5	6		8	14	10	16	50
HOT BEVERAGES	Calor		Calorie	s from Fat		l Fat	Satura	ted Fat	Trans		Car		Fibe	er	Sug		Pro	tein	Chole		Sodi	
HOT BEVERAGED																						
		Nonfat	Whole	Nonfat	Whole	Nonfat	Whole	Nonfat	Whole	Nonfat	Whole	Nonfat	Whole	Nonfat	Whole	Nonfat	Whole		Whole	Nonfat	Whole	Nonfat
12 oz. Cappuccino	100	60	45	0	5	0	3	0	0	0	8	9	0	0	9	9	5	5	15	0	70	90
16 oz. Cappuccino	140	90	60	0	7	0	4	0	0	0	11	12	0	0	13	12	7	8	20	0	100	125
20 oz. Cappuccino	190	120	90	0	10	0	6	0	0	0	15	17	0	0	17	17	10	11	30	5	135	180
12 oz. Latte	190	120	90	0	10	0	6	0	0	0	15	16	0	0	17	16	10	11	30	5	130	170
16 oz. Latte	250	160	120	0	13	0	8	0	0	0	19	22	0	0	22	22	13	14	40	10	170	230
	300	190	120	0		0	9	0	0	0	23	22	0	0	22	22	15	14	50	10	210	230
20 oz. Latte				-	16	-	-	-			-			-								
12 oz. Caramel Latte	380	320	100	15	11	2	7	1	0	0	61	63	0	0	45	44	10	11	10	10	210	210
16 oz. Caramel Latte	490	410	120	15	13	2	8	1	0	0	81	84	0	0	57	57	12	13	40	15	220	260
20 oz. Caramel Latte	650	540	160	25	17	3	10	2	0	0	108	111	0	0	76	76	16	17	55	20	280	340
12 oz. Truffle Mocha	270	210	90	5	10	0.5	6	0	0	0	46	48	1	1	45	45	10	11	30	5	150	190
16 oz. Truffle Mocha	380	300	110	10	12	1	7	0	0	0	70	72	2	2	67	67	13	14	35	10	200	240
20 oz. Truffle Mocha	510	400	140	10	16	1	9	0	0	0	95	98	2	2	91	90	17	18	45	10	260	320
12 oz. Truffle Hot Chocolate w/Whipped Cream	350	280	150	60	17	7	10	4	0	0	50	51	1	1	47	47	12	13	55	30	190	230
16 oz. Truffle Hot Chocolate w/Whipped Cream	480	390	190	65	21	7	12	4	0	0	75	78	2	2	72	71	16	17	65	30	250	300
20 oz. Truffle Hot Chocolate w/Whipped Cream	610	490	220	70	24	7	14	4	0	0	100	103	2	2	95	94	20	21	75	30	300	370
	010	490	220	70	24	/	14	4	0	0	100	105	2	2	95	94	20	21	75	30	300	370
Topping - Add/Subtract to Customize	I		L																			
Whipped Cream - 1 oz - V	90	0		50		6		3	C)	e	5	0		3	1		0	2	5	0)
12 oz. Chai Latte	200	130	100	0	11	0	6	0	0	0	15	17	0	0	18	17	11	12	35	10	135	180
16 oz. Chai Latte	270	170	130	0	15	0	8	0	0	0	20	23	0	0	24	23	15	16	45	10	180	240
20 oz. Chai Latte	340	210	160	0	18	0	11	0	0	0	25	29	0	0	29	29	18	20	55	10	230	300
COLD BEVERAGES	Calor			s from Fat		l Fat		ted Fat	Trans	e Eat		rbs	Fibe	-	Suc			tein	Chole	-	Sodi	
					_																	
Bubblers		32 oz	20 oz	32 oz	20 oz	32 oz	20 oz	32 oz	20 oz	32 oz	20 oz	32 oz		32 oz	20 oz	32 oz	20 oz	32 oz	20 oz	32 oz	20 oz	32 oz
Hibiscus Lemonade - LF, VG	120	200	0	0	0	0	0	0	0	0	32	53	0	0	29	49	0	0	0	0	0	0
Old Fashioned Lemonade - LF, VG	160	260	0	0	0	0	0	0	0	0	41	69	0	0	38	63	0	0	0	0	10	15
Soda	20 oz	32 oz	20 oz	32 oz	20 oz	32 oz	20 oz	32 oz	20 oz	32 oz	20 oz	32 oz	20 oz	32 oz	20 oz	32 oz	20 oz	32 oz	20 oz	32 oz	20 oz	32 oz
Coca Cola	200	300	0	0	0	0		0	0	0	56	84	0	0	56	84	0	0	0	0	10	20
			•	-	•	-	0	-	•	•			•	-		-	•	-	•	•		
Cherry Coca Cola	210	310	0	0	0	0	0	0	0	0	54	81	0	0	54	81	0	0	0	0	10	10
Diet Coca Cola	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20	30
Diet Coca Cola Caffeine Free	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20	30
Coca Cola Zero	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	55	85
Fresca	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Fanta	220	340	0	0	0	0	0	0	0	0	60	90	0	0	60	90	0	0	0	0	15	25
Sprite	200	290	0	0	0	0	0	0	0	0	52	78	0	0	52	78	0	0	0	0	45	65
Dr. Pepper	200	300	0	0	0	0	0	0	0	0	54	81	0	0	54	81	0	0	0	0	70	105
Diet Dr. Pepper	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	70	105
IBC Root Beer - Bottle (12oz)	160	0		0		0		0	C)	()	0		0	1	- (0	()		40
FROZEN BEVERAGES	Calor		Calarie	s from Fat		l Fat		ted Fat	Trans			rbs	Fibe		Suc			tein		sterol		lium
16 oz. Caramel Frappe w/Whipped Cream - V	480			70		8		.5	0		9		0		8			6		0		10
16 oz. Mocha Frappe w/Whipped Cream - V	470			70		8		5	0		9		1		8			6	3		27	
16 oz. Vanilla Frappe w/Whipped Cream - V	380	0		70		8	4	.5	0)	6	8	0		6	5		5	3	0	26	60
Topping - Add/Subtract to Customize	I																					
Whipped Cream - 1 oz - V	90	D		50		6		3	C)	6	5	0		3		(D	2	5	0	D
16 oz. Four Berry Smoothie - LF, VG, G	310	.0	1	0		0		0	C)	7	7	1		7	0		2	()	21	25
16 oz. Pinapple Orange Smoothie - LF, VG, G	300			0		0		0	0		7		5		6			2	(5	
				-				-	-				-							-		
16 oz. Strawberry Smoothie - LF, VG, G	310			0		0		0)	7		0		7				(0	-
16 oz. Strawberry Banana Smoothie - LF, VG, G	360	0		0		0		0	C)	8	7	2		7	9		1	()	0	0
Protein Boost - Add to Customize	1																					
Yogurt Protein Boost (12 grams)	45	5		0	(0		0	C)	6	5	0		3			5	5	5	60	0
BREADS	Calor	ries	Calorie	s from Fat	Tota	l Fat	Satura	ted Fat	Trans	s Fat	Ca	rbs	Fibe	er	Sug	ar	Pro	tein	Chole	sterol	Sodi	ium
		Whole	Slice	Whole		Whole	Slice	Whole	Slice	Whole	Slice	Whole		Whole	Slice			Whole	Slice	Whole	Slice	Whole
	Slice		Since		Slice		Slice		Slice		Slice		Silce		Slice		Slice		Slice		Slice	
Country Boule - LF, VG		640		20		2		0		0		128		4		1		21		0		1510
Country Small Oblong - VG	90	2040	0	60	0	6	0	1	0	0	18	410	1	14	0	3	3	68	0	0	210	4820
Country Large Oblong - VG	140	3310	5	90	0	10	0	2	0	0	28	666	1	22	0	4	5	111	0	0	330	7830
Harvest - VG	170	2180	50	680	6	76	1.5	21	0	0	27	344	3	34	3	42	6	76	5	40	290	3780
Mom's White - V	150	1770	30	370	3.5	41	2	24	0	0	25	299	2	20	3	34	4	48	15	170	260	3200
Steakhouse Rye - VG	180	2290	30	380	3.5	42	1	13	0	0	32	399	3	34	7	85	5	59	5	85	320	3990
Focaccia Loaf - VG	100	730	15	90	1.5	10	0	0.5	0	0	19	133	1	7	0	0	2	11	0	0	280	1970
	100	730	15	90	1.5	10	0	0.5	0	0	19	133	1	/	0	0	2	11	0	0	200	1970
Additional Bakery Breads/Rolls		20		25		1		1	C			70	0		5		_	2	(1.4	20
Baguette	880			35		4		-			17		8		-			3	(143	
Gluten-Friendly Wrap - V, G	150			45		5		1	-		3		3		4			5	(-		70
				25	2	.5	0	.5	0)	2	5	1		2			5				/11
Flatbread - V	140								-				-									20
Flatbread - V Pretzel Demi - V	350	0		35		4		0	C		6	6	2		9		1	.3	()	64	40
Flatbread - V		0)	6		-				1)	64	

Available Only at Select Cafes																						
BREAKFAST SANDWICHES	Calc	ries	Calories	from Fat	Tota	l Fat	Satura	ted Fat	Tran	s Fat	Ca	rbs	Fil	ber	Su	gar	Prot	tein	Chole	sterol	Sod	ium
	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg
	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites
Chicken Apple Sausage Panini	610	530	280	210	31	23	10	8	0	0	42	41	1	1	3	2	37	36	385	95	1450	1480
Ham & Swiss Panini	520	440	230	150	25	17	10	7	0	0	39	38	1	1	3	1	32	31	335	45	1240	1280
FRUITS AND GRAINS	Calc	ries	Calories	from Fat	Tota	l Fat	Satura	ted Fat	Tran	s Fat	Ca	rbs	Fi	ber	Su	gar	Prot	tein	Chole	sterol	Sod	ium
Cinnamon Roll French Toast (Includes 2 oz of	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg	Whole	Egg
vanilla maple syrup & powdered sugar)	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites	Eggs	Whites
Cinammon Roll French Toast - V	7:	LO	2	80	3	1	1	3	()	1	19		3	7	'1	1	6	24	40	56	50
Cinnamon Roll French Toast w/Bacon	87	70	3	90	4	3	1	8	0.	5*	1	20		3	7	'1	2	6	2	70	12	60
CR French Toast w/Bacon & Scrambled Eggs	1110	960	540	390	60	43	24	18	0.5*	0.5*	122	121	4	4	74	71	46	43	880	270	1660	1720
Subtract to customize - Vanilla Syrup - LF	6	0		0	()	()	()	3	9		0	3	9	()		D	1	0
SANDWICHES / PANINI / HOT SANDWICHES	Calc	ories	Calories	from Fat	Tota	l Fat	Satura	ted Fat	Tran	s Fat	Ca	rbs	Fi	ber	Su	gar	Pro	tein	Chole	sterol	Sod	ium
For Total Nutritionals add Bakery Chips or Baby Carrots & Pickle	Half / Combo	Whole	Half / Combo	Whole	Half / Combo	Whole	Half / Combo	Whole	Half / Combo	Whole	Half / Combo	Whole	Half / Combo	Whole	Half / Combo	Whole	Half / Combo	Whole	Half / Combo	Whole	Half / Combo	Whole
Mom's Corned Beef	240	480	20	40	2	4	0.5	1	0	0	37	75	3	7	5	11	17	34	25	50	1200	2400
Mom's Roast Beef	210	410	20	40	2	4.5	0.5	1.5	0	0	30	61	1	3	2	4	16	32	25	50	740	1490
Mom's Add Spread - Mayo - V	45	90	35	70	4	8	0.5	1	0	0	1	2	0	0	0	0	0	0	10	20	150	300
Mom's Add Spread - Stoneground Mustard -	15	30	0	0	0	0	0	0	0	0	3	6	0	0	0	0	0	0	0	0	360	720
Smoked Ham & Swiss	390	770	120	240	14	27	6	12	0	0.5*	43	87	2	3	2	5	21	42	40	80	1370	2740
Chicken & Green Chile Panini	380	760	150	300	17	34	7	14	0	0	33	65	2	5	2	3	22	44	55	115	990	1980

					-				-													
White Rye Oblong - VG	120	2050	10	130	1	15	0	2.5	0	0	34	407	2	28	1	19	4	61	0	0	190	3250
	Slice	Whole	Slice	Whole	Slice	Whole	Slice	Whole	Slice	Whole	Slice	Whole	Slice	Whole	Slice	Whole	Slice	Whole	Slice	Whole	Slice	Whole
BREADS	Cal	ories	Calories	from Fat	Tota	al Fat	Satura	ted Fat	Tran	ıs Fat	Ca	rbs	Fi	ber	Su	ıgar	Pro	otein	Chole	sterol	Sod	ium
Thousand Island (Reuben) - V	80	150	65	130	7	15	1	2	0	0	2	5	0	0	2	5	0	0	10	20	125	250
SPREADS & DRESSINGS - Subtract to customic	ze																					
Corned Beef Reuben	390	780	210	430	24	48	8	16	0.5*	1*	25	51	2	4	4	8	17	35	50	105	1050	2100

*This item contains naturally occurring trans fat from full fat dairy products and/or meats.

VG - Vegan V - Vegetarian

GC - This item does not contain gluten, however it is made in a facility where gluten is present and therefore cannot be guaranteed gluten free.

LF - Low fat: no more than 30% of calories from fat / no more than 3g of fat per 100g

GC* - Oats as an ingredient are gluten free although there could be a trace of gluten from other grains due to transportation, storage & processing.

Create your own Corner Combo or Trio:

Sandwich or Panini Combo - Pick 1/2 (Combo Size) Sandwich or Panini with a side of Caesar Salad or Mixed Greens, Mac & Cheese or Cup of Soup. Salad Combo - Pick Cafe sized Signature Hand-Tossed Salad with Cup of Soup and Focaccia Roll. Pasta Combo - Pick Cafe/Combo Size Pasta with a side of Caesar Salad or Mixed Greens, or Cup of Soup.

The Trio $\,$ - Add three Trio Salads plus Mixed Greens garnish and Focaccia Roll.

For total plate nutritionals, add bread and/or side items.

Corner Bakery Cafe's nutritional analysis is comprised of data from Analytical Food Laboratories (an independent testing facility commissioned by Corner Bakery Cafe) combined with data from our suppliers and computer analysis of recipes using Food Processor SQL nutrition analysis program from ESHA Research in Salem, Oregon. Nutrition information for trans fat is provided for the full menu item listed. Corner Bakery Cafe attempts to provide nutrition and ingredient information regarding its products that is as complete as possible. There may be variations in nutritional content across servings, based on variations in overall size and quantities of ingredients, and based on special ordering. Some menu items may not be available at all restaurants; test products, test formulations or regional items may not be included. As many of our products are prepared by hand, serving sizes may vary. This listing is continuously updated in an attempt to reflect the current status of our products. Based on the FDA Code of Federal Regulations, when a serving of a menu item contains less than 0.5 grams of trans fat, the content, when declared, will be expressed as "0 g".

A 2,000 calorie daily diet is used as the basis for general nutrition advice. Recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium.

For additional nutrition and allergen information, please visit www.cornerbakerycafe.com



X = CONTAINS ALLERGEN/PRESERVATIVE ✓ = VEGAN	£99	Fish	Mill	Dairy Peanute	shelfish	504	Treenuts	wheat	Jten Sultitos	Vegan
CORNER BAKERY BREADS	Í.	Í.	Í	Í.	/	, 			Í	Í.
Whole Loafs & By The Slice										
Country Boule & Oblong								×		\checkmark
Harvest			×			0		×		
Mom's White Sandwich Loaf	×		×			0		×		
Steakhouse Rye	×		×			0		×	×	
Bakery Rolls										
Baguette								×		\checkmark
Croissant	×		×					×		
Focaccia Roll								×		\checkmark
Pretzel Demi			×					×		
Sesame Bread								×		\checkmark
Additional Bakery Breads										
Flatbread - Multigrain						×		×		\checkmark
Flatbread - White						0		×		\checkmark
Gluten-Friendly Bread Option (Wrap)						×				\checkmark
Crisps & Croutons										
Sweet Crisp			×			0	×	×	×	
Croutons						*		×		\checkmark

O = This product contains an oil and/or lecithin that may contain the corresponding category allergen.

Valid starting 05/2017 mls/jj

* Croutons may be prepared with Country, Baguette or Focaccia breads and may contain sesame seeds and/or soy oil.



X = CONTAINS ALLERGEN/PRESERVATIVE ✓ = VEGAN

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/	/ `	/ * * / ? °	SI		110	/ X G. / S	

CORNER BAKERY BREAKFAST

Sides							
Bacon							
Breakfast Potatoes							\checkmark
Chicken Apple Sausage							
Harvest Toast		×	0		×		
Pancakes (2-Stack) - (At Most Locations)	×	×	0		×		
Seasonal Fruit Medley							\checkmark
Sweet Crisp		×	0	×	×	×	
Vanilla Maple Syrup							\checkmark
Breakfast Scramblers (without Harvest Toast)							
All American Scrambler	×	×					
w/ Egg Whites	×						
Anaheim Scrambler	×	×					
w/ Egg Whites	×	×					
Farmer's Scrambler	×	×					
w/ Egg Whites	×	×					
Cinnamon Roll French Toast (with Vanilla Maple Syrup	b) - (Limited	Locations)					
Cinnamon Roll French Toast	×	×	0		×		
w/ Bacon & Seasonal Fruit Medley	×	×	0		×		
w/ Scrambled Eggs & Bacon	×	×	0		×		
w/ Egg Whites & Bacon	×	*	0		×		
w/ Chicken Apple Sausage & Seasonal Fruit Medley	×	×	0		×		
w/ Scrambled Eggs & Chicken Apple Sausage	×	×	0		×		
w/ Egg Whites & Chicken Apple Sausage	×	×	0		×		
Pancakes (with Vanilla Maple Syrup) - (At Most Locations)							
w/ Crunchy Honey Banana Topping (Seasonal)	×	×			×		
w/ Scrambled Eggs & Bacon	×	×	0		×		
w/ Egg Whites & Bacon	×	×	0		×		
w/ Scrambled Eggs & Chicken Apple Sausage	×	×	0		×		
w/ Egg Whites & Chicken Apple Sausage	×	×	0		×		
w/ Bacon	×	×	0		×		
w/ Chicken Apple Sausage	×	× (0		×		
w/ Scrambled Eggs	×	×	0		×		
w/ Egg Whites	×	×	0		×		
Pancakes (4-Stack)	×	*	0		×		



CORNER BAKERY ALLERGENS & FOOD SENSITIVITIES

X = CONTAINS ALLERGEN/PRESERVATIVE ✓ = VEGAN	£99	Fish	Wilk	airy Peanuts	Shelfish	504	Treenuts	Wheat	uten Suffres	Vegan
CORNER BAKERY BREAKFAST	<i>,</i>			/ /			1	/	<i>.</i>	Í.
Breakfast Sandwiches										
Anaheim Panini	×		×	ſ		0		×		
w/ Egg Whites	×		×			0		×		
Smoked Bacon & Cheddar Panini	×		×			0		×		
w/ Egg Whites	×		×			0		×		
Commuter Croissant w/Bacon	×		×					×		
w/ Egg Whites	×		×					×		
Commuter Croissant w/Sausage	×		×					×		
w/ Egg Whites	×		×					×		
Power Flats									-	
Bacon & Egg Power Flat	×		×			×		×		
w/ Egg Whites	×		×			×		×		
Chicken Apple Sausage & Egg Power Flat	×		×			×		×		
w/ Egg Whites	×		×			×		×		
Ham, Spinach & Egg Power Flat	×		×			×		×	×	
w/ Egg Whites	×		×			×		×	×	
Avocado, Spinach & Egg Power Flat	×		×			×		×		
w/ Egg Whites	×		×			×		×		
CBC Salsa - Served with Power Flats										\checkmark
Grits				``						
Buckhead Cheese Grits - (Limited Locations)			×			0				
Yogurt										
Fresh Berry Parfait			×					*		
Oatmeal (without Sweet Crisp)	-	•					•	•	•	
Steel-cut Oatmeal w/out Toppings								*		\checkmark
Crunchy Honey Banana Steel-cut Oatmeal (Seasonal)								*		
Loaded Steel-cut Oatmeal w/ Toppings							×	*		
Brown Sugar										
Dried Currants										
Dried Cranberries										\checkmark
Almonds							×			
Walnuts							×			\checkmark
Swiss Oatmeal			X					*		
Berry Almond Swiss Oatmeal (Seasonal)			×				×	*		

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Valid starting 05/2017 mls/jj

* = Oats may contain gluten.

Note: The following CBC Spec cheeses are made from microbial/vegetable rennet (enzymes): Yellow Cheddar, Provolone, Mozzarella, Goat Cheese, Parmesan & Blue Cheese.



X = CONTAINS ALLERGEN/PRESERVATIVE ✓ = VEGAN

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CORNER BAKERY BREAKFAST PASTRIES

Muffins								
Banana Muffin	×	×		0		×	×	
Blueberry Muffin	×	×		0		×		
Chocolate Muffin	×	×		0		×	×	
Cinnamon Crumb Muffin	×	×		0		×		
Pumpkin Muffin	×	×		0		×		
Pastries, Rolls & Cakes								
Apricot Walnut Rugelach		×		0	×	×		
Cinnamon Pecan Rugelach		×		0	×	×		
Croissant	×	×				×		
Cinnamon Roll	×	×		0		×		
Cinnamon Creme Cake	×	×		0		×		
Bagels								
Cinnamon Raisin Bagel				0		×	×	\checkmark
Everything Bagel				0		×		\checkmark
Plain Bagel				0		×		\checkmark
Sesame Seed Bagel				0		×		\checkmark
Bagel Spreads			•	÷			-	-
Peanut Butter			×	0				\checkmark
Whipped Plain Cream Cheese		×						

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Valid starting 05/2017 mls/jj



CORNER BAKERY ALLERGENS & FOOD SENSITIVITIES

	//	· · · /	· /			, ,	/	/	/
X = CONTAINS ALLERGEN/PRESERVATIVE ✓ = VEGAN	£99	Fish	Milkin	airy peanuts	Shelfish Soy	Treenut	Wheat	sufficer Sufficer	Vegan
CORNER BAKERY SALADS									
Bread	1	-	-			-		•	
Focaccia Roll							×		 ✓
Signature Salads		1	1 40			1	1	L 44	
Chopped Salads (Chicken & dressing included)			×		0			×	
Asian Wonton Salads (Chicken & dressing included)					×		×	×	
Caesar Salads (Dressing included)	×	×	×		×		×	×	
Chicken Berry Pecan Salads (Dressing included) Seasonal			×	×	0	×		×	
Harvest Salads (Chicken & dressing included)			×		0	×	×	×	
Santa Fe Salads (Chicken & dressing included)	×		×		0				
Spinach Sweet Crisp Salads (Dressing included)			×		0	×	×	×	
Mixed Greens Salad (Dressing included) - Cafe Size Only					O*		×	×	\checkmark
Salad Toppings									
All-Natural Chicken									
Apples - Diced									\checkmark
Avocado									\checkmark
Bacon									
Blue Cheese			×						
Candied Pecans (Seasonal)			×	×	0	×		×	
Cheddar Cheese - Shredded			×						
Corn Salsa									\checkmark
Croutons							×		\checkmark
Dried Cranberries									\checkmark
Fresh Berry Grape Mix									\checkmark
Goat Cheese			×						
Mandarin Oranges									\checkmark
Parmesan Cheese			×				1		
Sweet Crisp Pieces			×		0	×	×	×	
Tomatoes - Diced			1			1			\checkmark
Tortilla Strips									\checkmark
Walnuts						×	1		\checkmark
Wonton Strips			1		0	1	×		\checkmark



X = CONTAINS ALLERGEN/PRESERVATIVE ✓ = VEGAN	£99	Fish	Mill	airy peanuts	Shellfish	504	Treenuts	Wheat	ten suffres	Vegan
CORNER BAKERY SALADS										
Salad Dressings										
Asian Dressing (Asian Wonton Salad)						×		×	×	\checkmark
Avocado Ranch Dressing (Santa Fe Salad)	×		×			0				
Balsamic Vinaigrette Dressing (Harvest Salad)						0			×	\checkmark
Caesar Dressing (Caesar Salad)	×	×	×			×			×	
House Dressing (Chopped Salad & Mixed Greens)						0			×	\checkmark
Strawberry Vinaigrette Dressing (Spinach Sweet Crisp Salad)						ο			×	\checkmark

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Valid starting 05/2017 mls/jj

* Croutons may be prepared with Country, Baguette or Focaccia breads and may contain sesame seeds and/or soy oil.

Note: The following CBC Spec cheeses are made from microbial/vegetable rennet (enzymes): Yellow Cheddar, Provolone, Mozzarella, Goat Cheese, Parmesan & Blue Cheese.



MIN Dairy Peanuts

Shelfish

SON

Treenuts

Wheat uten Suffres

Vegan

X = CONTAINS ALLERGEN/PRESERVATIVE

✓ = VEGAN

CORNER BAKERY TRIO & TRIO SIDE SALADS

Bread & Garnish								
Focaccia Roll						×		\checkmark
Mixed Greens Salad w/ House Dressing (Garnish)				0			×	\checkmark
Current Trio/Trio Side Salad Offerings								
Asian Edamame Salad				×		×	×	\checkmark
Caesar Salad w/ Caesar Dressing	×	×	×	×		×	×	
Dressing - Caesar	×	×	×	×			×	
Cavatappi Pasta Salad			×	0		×	×	
D.C. Chicken Salad	×			0	×			
Hummus				0		×		\checkmark
Mixed Greens Salad w/ House Dressing				O*		×	×	\checkmark
Dressing - House				0			×	\checkmark
Pico Quinoa & Black Bean Salad								\checkmark
Seasonal Fruit Salad Medley								\checkmark
Tuna Salad	×	×		×			×	

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 $\mathbf{0}$ = Processed in a facility that contains Egg.

* Croutons may be prepared with Country, Baguette or Focaccia breads and may contain sesame seeds and/or soy oil.

Note: The following CBC Spec cheeses are made from microbial/vegetable rennet (enzymes): Yellow Cheddar, Provolone, Mozzarella, Goat Cheese, Parmesan & Blue Cheese.

FISH

4.9⁹



X = CONTAINS ALLERGEN/PRESERVATIVE ✓ = VEGAN	£99	Fish Mill Dairy Peanuts	Shellish Soy The	enuts wheat the	n Suffres	Vegan
CORNER BAKERY SOUPS						
Bowl & Cup of Soup						
Big Al's Chili w/ Cheddar Cheese		×	×	×	×	
Topping - Cheddar Cheese		×				
Cheddar Broccoli		×	×	×	×	
Chicken Noodle	×		0	×		
Chicken Tortilla w/ Tortilla Strips						
Topping - Tortilla Strips						\checkmark
Loaded Baked Potato w/ Cheddar Cheese & Green Onion		×	×	×		
Topping - Cheddar Cheese		×				
Topping - Green Onions						\checkmark
Roasted Tomato Basil w/ Croutons				×		\checkmark
Topping - Croutons			*	×		\checkmark

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X = CONTAINS ALLERGEN/PRESERVATIVE ✓ = VEGAN	E99	Fish	WIN Dairy Pe	anuts Shelfish	504	Treenus	Wheat	uten sutites	Vegan
CORNER BAKERY PANINIS									
Sides									
Baby Carrots									\checkmark
Bakery Chips					0				\checkmark
Pickle Spear									\checkmark
Grilled Flats									
Caprese			×		0		×	×	
Chicken Caesar	×	×	×		×		×	×	
Southwest Chicken	×		×		0		×	×	
Hot Toasted Sandwiches			·						
Steak & Cheese (At Most Locations)			×		×		×	×	
Paninis									
California Grille			×		0	×	×		
Chicken & Green Chile (Limited Locations)	×		×		0		×		
Chicken Pomodori	×		×		0	×	×		
Corned Beef Reuben (Limited Locations)	×		×		0		×	×	
Meatball	×		×		×		×	×	
Turkey Bacon Club	×		×		0		×		
Spreads / Dressing / Sauces						-			
Avocado Ranch Dressing (Southwest Chicken Flat)			×		0				
Caesar Dressing (Chicken Caesar Flat)	X	×	×		×			×	
Mayonnaise (Turkey Bacon Club)	×				0				
Pesto Mayonnaise (Chicken Pomodori)	×		×		0	×			
Roasted Garlic Mayo (Chicken & Green Chile)	×				0				
Thousand Island (Reuben)	×				0			<u> </u>	

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Note: The following CBC Spec cheeses are made from microbial/vegetable rennet (enzymes): Yellow Cheddar, Provolone, Mozzarella, Goat Cheese, Parmesan & Blue Cheese.



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✓ = VEGAN

Shelfish Treenuts NIN Dairy Peanuts wheat uten Suffices Vegan Fish (H99 1 gor

CORNER BAKERY SANDWICHES

Sides									
Baby Carrots									\checkmark
Bakery Chips									\checkmark
Pickle Spear									\checkmark
Signature Sandwiches									
BBLT on Mom's White Bread	×		×		0		×	×	
Chicken Bacon Avocado Club on Harvest Bread (Seasonal)	×		×		0		×		
Chicken Pesto on Baguette Bread	×		×		0	×	×	×	
D.C. Chicken on Steakhouse Rye Bread	×		×		0	×	×	×	
Ham & Swiss on Pretzel Bread			×				×	×	
Roast Beef & Cheddar on Sesame Bread	×		×		×		×	×	
Tomato Mozzarella on Baguette Bread			×		0		×	×	
Tuna Salad on Harvest Bread	×	×	×		0		×	×	
Uptown Turkey Avocado on Harvest Bread	×		×		0		×		
Signature Spreads & Dressings									
Balsamic Cracked Pepper Mayonnaise (BBLT)	×				0			×	
Balsamic Vinaigrette Dressing (Tomato Mozzarella)					0			×	\checkmark
Mayonnaise (Uptown Turkey Avocado & Seasonal Sandwich)	×				0				
House Dressing (Chicken Pesto)					0			×	\checkmark
Pesto Mayonnaise (Chicken Pesto)	×		×		0	×			
Stoneground Mustard (Ham)								×	\checkmark
Mom's Sandwiches - Limited Locations									
Mom's Ham on White Bread	×		×		0		×	×	
Mom's Grilled Herb Chicken on Harvest Bread			×		0		×		
Mom's Turkey on Harvest Bread			×		0		×		



X = CONTAINS ALLERGEN/PRESERVATIVE

✓ = VEGAN

Fish WINDOIN PEONIES Shellish 504 Treenuts Wheaturen Suffres 49⁹

	×					
	×					
	×					
ndwiches)						
X			0			
					×	\checkmark
	¥					

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Note: The following CBC Spec cheeses are made from microbial/vegetable rennet (enzymes): Yellow Cheddar, Provolone, Mozzarella, Goat Cheese, Parmesan & Blue Cheese.



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✓ = VEGAN

Shelfish Peanuts Treenuts Wheat uter Suffres Vegan Fish Mill Dairy SON 4.9⁹

CORNER BAKERY PASTAS

Bread							
Garlic Bread		×	0		×		
Pasta Entrees (without Bread)							
Chicken Carbonara	♦	×			×		
Linguini w/ Meatballs	×	×	×		×	×	
Mac & Three Cheese	♦	×			×		
Mac & Three Cheese w/ Bacon & Tomato	♦	×			×		
Pasta Marinara	♦	×			×	×	
Pesto Cavatappi	♦	×		×	×		
Pasta Toppings							
Breadcrumbs (Mac & Cheeses)			*		×		\checkmark
Parmesan Cheese (Pasta Marinara & Linguini w/Meatballs)		×					

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* Breadcrumbs may be prepared with Country, Baguette or Focaccia breads and may contain sesame seeds and/or soy oil.

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X = CONTAINS ALLERGEN/PRESERVATIVE ✓ = VEGAN	£99	Fish Wild Dairy Dearns	s shellish 504	Treenuts Wheat	uten Sutite	Vegan
CORNER BAKERY COOKIES, BARS, CAKES & BI	ROWNIES					
Cookies						
Chocolate Chip Cookie	×	×	0	×		
Monster Cookie	×	×	0	×		
Oatmeal Raisin Cookie	×	×	0	×		
Snickerdoodle Cookie	×	×	0	×		
Sugar Cookie	×	*	0	×		
Toffee Cookie (Seasonal)	×	×	0	x x		
Bars & Brownies						
Lemon Bar	×	×	0	×		
Maple Pecan Bar	×	×	0	x x	×	
Cream Cheese Brownie	×	× (0	×	×	
Fudge Brownie	×	×	0	×		
Baby & Medium Bundt Cakes						
Chocolate Bundt Cake w/Chocolate Icing	×	×	0	×	×	
Gingerbread Pumpkin Bundt (Seasonal)	×	*	0	×	×	
Creme Cake						
Cinnamon Creme Cake	×	×	0	×		
Pound Cakes						
Lemon Pound Cake	×	×	0	×		
Hand Pies						
Blueberry Hand Pie	×	*		×		
Twisted Lemon Hand Pie	×	*		×	×	

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CORNER BAKERY KIDS										
Breakfast										
Kid's Egg Scrambler	×		×			0		×		
Kid's Cheesy Egg Scrambler	×		×			0		×		
Pancakes with Bacon - (At Most Locations)	×		×			0		×		
Chocolate Chip Pancakes w/Bacon - (At Most Locations)	×		×			0		×		
Sides										
Bacon										
Bakery Chips										\checkmark
Banana (whole)										\checkmark
Grapes (bunch)										\checkmark
Pickle Spear										\checkmark
Seasonal Fruit Medley										\checkmark
Sandwiches										
Grilled Cheese Sandwich on Country Bread			×			0		×		
Grilled Cheese Sandwich on Harvest Bread			×			0		×		
Grilled Cheese Sandwich on Mom's White Bread	×		×			0		×		
Ham Sandwich on Country Bread								×	×	
Ham Sandwich on Harvest Bread			×			0		×	×	
Ham Sandwich on Mom's White Bread	×		×			0		×	×	
Peanut Butter & Jelly Sandwich on Country Bread				×		0		×		\checkmark
Peanut Butter & Jelly Sandwich on Harvest Bread			×	×		0		×		
Peanut Butter & Jelly Sandwich on Mom's White Bread	×		×	×		0		X		
Turkey Sandwich on Country Bread								×		
Turkey Sandwich on Harvest Bread			×			0		X		
Turkey Sandwich on Mom's White Bread	×		×			0		×		



X = CONTAINS ALLERGEN/PRESERVATIVE ✓ = VEGAN ESS Fish MIN Dairy peanuts Shellish Soy Treenuts Muestimen Suffer Vegan

CORNER BAKERY KIDS

Entrees							
Macaroni & Cheese	♦	×			×		
Pasta Marinara					×	×	
Pasta Marinara with Meatball	×	×		×	×	×	
Pasta with Garlic Cream Sauce		×			×		
Add On - Parmesan Cheese		×					

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X = CONTAINS ALLERGEN/PRESERVATIVE ✓ = VEGAN ESS FIST WINDOW PERMIS SHEWST SOV TREAMS WHEATHER SUFER VERS

CORNER BAKERY FROZEN BEVERAGES

Beverages						
Hibiscus Lemonade						\checkmark
Old Fashioned Lemonade						\checkmark
Frozen Beverages						
Caramel Frappe		×				
Mocha Frappe		×				
Vanilla Frappe		×				
Pineapple Orange Smoothie (Seasonal)						\checkmark
Four Berry Smoothie (Seasonal)						\checkmark
Strawberry Smoothie						\checkmark
Strawberry Banana Smoothie						\checkmark
Add-on: Yogurt Protein Boost		×				

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