



LUNCH & DINNER MENU

FRESH SALADS

CAFE | ENTREE

CHOPPED 440 | 880 cal

romaine blend, grilled chicken, bacon, bleu cheese, avocado, tomato, green onion, house vinaigrette

CLASSIC CAESAR 290 | 580 cal

romaine, Parmesan, house-made croutons, Caesar dressing

SOUTHWEST 370 | 740 cal

romaine blend, grilled chicken, tortilla chips, avocado, cheddar, black bean salsa, avocado ranch dressing

ASIAN WONTON 250 | 500 cal

mixed greens, cabbage, grilled chicken, wontons, edamame, cucumber, bell pepper, carrot, green onion, cilantro, ginger soy dressing

HARVEST 350 | 710 cal

mixed greens, grilled chicken, sweet crisps*, bleu cheese, walnuts, apple, dried cranberries, balsamic vinaigrette

TURKEY AVOCADO COBB 380 | 760 cal

mixed greens, oven-roasted turkey, bacon, hard-boiled egg, bleu cheese, avocado, tomato, avocado ranch dressing

POWER GREENS & GRAINS 320 | 640 cal

power greens, ancient grains, chickpeas, cucumber, oven-roasted tomato, hard-boiled egg, honey balsamic vinaigrette

Add Chicken 60 | 110 cal

Add Shrimp 50 | 100 cal

Add Avocado 80 cal

Sub Shrimp Available

SOUPS

CUP | BOWL

CHICKEN NOODLE 190 | 280 cal

LOADED BAKED POTATO 430 | 660 cal

ROASTED TOMATO BASIL 180 | 300 cal

CHEDDAR BROCCOLI 310 | 460 cal

BIG AL'S CHILI 570 | 870 cal

CHICKEN ORZO 360 | 540 cal

SIGNATURE SANDWICHES

served with any Signature Side. Upgrade to a Primo Side or Soup for an additional charge.

UPTOWN TURKEY AVOCADO 720 cal

oven-roasted turkey, bacon, avocado, tomato, lettuce, mayonnaise, harvest toast

CHICKEN PESTO 750 cal

grilled chicken, tomato, arugula, pesto* aioli, house vinaigrette, baguette

ALBACORE TUNA SALAD 610 cal

albacore tuna, celery, red onion, basil, green onion, lettuce, tomato, mayonnaise, Dijon mustard, harvest bread

D.C. CHICKEN SALAD 580 cal

grilled chicken, green apple, dried currants, red onion, celery, toasted almonds, lettuce, tomato, mayonnaise, harvest bread

CARVED HAM & SWISS 770 cal

pecan wood smoked ham, Swiss cheese, tomato, red onion, stoneground mustard, baguette

TOMATO MOZZARELLA 730 cal

fresh mozzarella, tomato, roasted red pepper, arugula, basil, balsamic vinaigrette, baguette

STEAK & ARUGULA 590 cal

shaved prime rib, Swiss cheese, tomato, arugula, horseradish mustard, harvest toast

BBLT 740 cal

bacon, tomato, lettuce, black pepper balsamic aioli, white toast

TURKEY BACON HAM STACK 790 cal

oven-roasted turkey, bacon, pecan wood smoked ham, tomato, lettuce, Swiss cheese, cheddar, balsamic mustard, white toast

GLUTEN FRIENDLY OPTION AVAILABLE UPON REQUEST.

PASTAS

CAFE | ENTREE

served with garlic bread (150)

CHICKEN CARBONARA 640 | 1280 cal

grilled chicken, bacon, peas, linguine, carbonara

MAC & CHEESE 600 | 1050 cal

with toasted breadcrumbs

with BACON & TOMATO  680 | 1220 cal

LINGUINE & MEATBALLS 730 | 1040 cal

beef meatballs, Parmesan, linguine, marinara

PESTO CAVATAPPI 590 | 1170 cal

grilled chicken, cavatappi, pesto* cream

CAVATAPPI MARINARA 340 | 680 cal

with Parmesan

SHRIMP SCAMPI LINGUINE 490 | 980 cal

shrimp, Parmesan, linguine, garlic butter, tomato, fresh parsley, lemon juice

PANINI

served with any Signature Side. Upgrade to a Primo Side or Soup for an additional charge.

CHICKEN POMODORI 790 cal

grilled chicken, provolone, basil, spinach, oven-roasted tomato, pesto* aioli, grilled sourdough

CLUB 830 cal

oven-roasted turkey, bacon, cheddar, tomato, mayonnaise, grilled sourdough

CALI GRILLE **V** 700 cal

zucchini, squash, artichoke hearts, oven-roasted tomato, spinach, provolone, pesto*, grilled harvest bread

MEATBALL 940 cal

beef meatballs, provolone, marinara, grilled sourdough

RUSTIC ITALIAN 1060 cal

pecan wood smoked ham, pepperoni, provolone, oven-roasted tomato, pesto* vinaigrette, spicy Calabrian chili spread, grilled sourdough

PRIME RIB & PROVOLONE **P** 810 cal

shaved prime rib, provolone, sautéed mushroom, caramelized onion, roasted red pepper, arugula, black pepper balsamic aioli, grilled sourdough

SIGNATURE SIDES

MIXED GREENS SALAD **V** 100 cal

CLASSIC CAESAR SALAD 170 cal

BAKERY CHIPS **V** 150 cal

CARROTS **V** 35 cal

ASIAN EDAMAME SALAD **V** 70 cal

PRIMO SIDES

D.C. CHICKEN SALAD* 230 cal

ALBACORE TUNA SALAD 260 cal

CAVATAPPI PASTA SALAD **V** 160 cal

SEASONAL FRUIT MEDLEY **V** 50 cal

HONEY BALSAMIC ANCIENT GRAINS **V** 210 cal

THE TRIO

Any Three Sides

Any Two Sides and Cup of Soup

CHOOSE TWO

Select any Two Favorites. Additional charge may apply to Premium Items. Sub Big Al's Chili for an additional Charge

HALF SANDWICH
HALF PANINI

CAFE SALAD
CUP OF SOUP

CAFE PASTA

KID'S LUNCH & DINNER

Served with choice of fresh fruit (40-110 cal) or freshly baked cookie (280-320 cal) and milk (140-300 cal), 12 oz. soft drink (0-140 cal) or kid's juice (80-100 cal). Available to guests 12 & under

KID'S COMBO

half sandwich and small soup (220-600 cal) with choice of bakery chips (150 cal) or baby carrots (35 cal)

SANDWICHES

served on choice of white or harvest bread with bakery chips (150 cal) or baby carrots (35 cal)

TURKEY 340-390 cal

HAM 370-420 cal

PB&J **V** 720-800 cal

GRILLED CHEESE **V** 530-580 cal

MAC & CHEESE **V** 560 cal

MARINARA PASTA  310 cal

PASTA & CREAM SAUCE 470 cal

PASTA & MEATBALL  480 cal

BUTTERED NOODLES **V** 360 cal