



# BREAKFAST MENU

Egg whites available upon request

## MORNING FAVORITES

Scramblers served with harvest toast (170 cal) & oven-roasted potatoes (140 cal) or fresh fruit (60 cal) Substitute chicken sausage (160 cal) for smoked bacon (160 cal)

### ANAHEIM SCRAMBLER (440-600 cal)

scrambled eggs, smoked bacon, tomatoes, green onions, cheddar & avocado

### FARMER'S SCRAMBLER (220-370 cal)

scrambled eggs, peppers, mushrooms, onion & cheddar

### ALL AMERICAN SCRAMBLER (240-400 cal)

scrambled eggs with a side of smoked bacon

### PANCAKES, EGGS & BACON\* (850-1010 cal)

buttermilk pancakes & scrambled eggs with a side of smoked bacon

### PANCAKES & BACON\* (770 cal)

buttermilk pancakes with a side of smoked bacon

## BREAKFAST SANDWICHES

Add a side of Steel-Cut Oatmeal with brown sugar (130 cal), fresh fruit (60 cal) or oven-roasted potatoes (140 cal)

### ANAHEIM PANINI (520-600 cal)

scrambled eggs, smoked bacon, tomatoes, onions, avocado & cheddar on sourdough

### BACON & CHEDDAR PANINI (550-630 cal)

scrambled eggs, smoked bacon & cheddar on sourdough

### COMMUTER CROISSANT (580-660 cal)

scrambled eggs, smoked bacon, cheddar & tomatoes on a flaky croissant

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## POWER FLATS\*

Scrambled eggs with Parmesan & cheddar in a multigrain flatbread

**SMOKED BACON FLAT** (350-430 cal)

**POWER FLAT MORNING RUSH** (290-430 cal)

small hand-roasted coffee paired with choice of breakfast Power Flat

 **AVOCADO & SPINACH FLAT** (290-360 cal)

**CHICKEN SAUSAGE FLAT** (320-400 cal)

## OATMEALS & YOGURT

Oatmeals served with a homemade raisin pecan sweet crisp† (130 cal)

 **BERRY ALMOND SWISS OATS†** (490 cal)

European muesli made with low-fat vanilla yogurt, skim milk, rolled oats, green apples, bananas, currants & dried cranberries topped with toasted almonds, strawberries & blueberries

 **STEEL-CUT OATMEAL†** (160-350 cal)

whole grain steel-cut oatmeal topped with choice of currants, cranberries, brown sugar, walnuts or almonds

 **CHILLED SWISS OATS** (360 cal)

European muesli made with low-fat vanilla yogurt, skim milk, rolled oats, green apples, bananas, currants & dried cranberries

 **FRESH BERRY & YOGURT PARFAIT** (370 cal)

crunchy granola, low-fat vanilla yogurt & seasonal berries

 **MORNING RUSH** (410-650 cal)

small hand-roasted coffee paired with a freshly baked muffin or bagel with cream cheese

## KIDS' BREAKFAST

Served with milk (140-300 cal) or kids' juice (80-100 cal) or 12 oz soft drink (0-140 cal). Available all day to guests 12 and under


**KIDS' SCRAMBLER** (320-360 cal)

scrambled eggs with smoked bacon or fresh fruit and white toast

**KIDS' PANCAKES\*** (430-570 cal)

two original or chocolate chip pancakes served with smoked bacon

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 †Contains nuts  
Vegetarian Item

# LUNCH & DINNER MENU

## FRESH SALADS

Available in cafe & entree size.

**P** **CHOPPED SALAD** (420/840 cal)  
chicken, smoked bacon, avocado, bleu cheese, tomatoes, and green onions on iceberg & romaine with house vinaigrette

**HARVEST SALAD**<sup>†</sup> (400/800 cal)  
chicken, apples, walnuts, cranberries, bleu cheese & raisin pecan sweet crisps<sup>†</sup> on field greens with balsamic vinaigrette

**ASIAN WONTON** (250/510 cal)  
chicken, edamame, cucumbers, peppers, carrots, green onions, cilantro and wontons on greens & cabbage with ginger soy dressing

**SANTA FE RANCH** (360/720 cal)  
chicken, corn salsa, tomatoes, cheddar and tortilla strips on iceberg & romaine with avocado ranch dressing

**SPINACH SWEET CRISP**<sup>†</sup> (260/510 cal)  
strawberries, oranges, cranberries, grapes, green onions, goat cheese and raisin pecan sweet crisps<sup>†</sup> on spinach with strawberry vinaigrette  
Add chicken (60/110 cal)

**CLASSIC CAESAR SALAD** (310/620 cal)  
Add chicken (60/110 cal)

## SOUPS & CHILI

**ROASTED TOMATO BASIL** (190/310 cal)

**CHEDDAR BROCCOLI** (310/460 cal)

**CHICKEN ORZO** (330/490 cal)

**LOADED BAKED POTATO**<sup>\*</sup> (430/670 cal)

**MOM'S CHICKEN NOODLE** (190/280 cal)

**BIG AL'S CHILI** (380/580 cal)

## SIGNATURE SANDWICHES

Now served with any Signature Side. Upgrade to a Primo Side at an additional charge. Gluten-conscious wrap available upon request.

**P UPTOWN TURKEY AVOCADO** (720 cal)  
oven-roasted turkey, smoked bacon, avocado, tomatoes, lettuce & mayo on harvest toast


**CHICKEN PESTO** (750 cal)  
chicken, tomatoes, arugula, pesto<sup>†</sup> mayo & house vinaigrette on baguette

**HAM & SWISS** (770 cal)  
smoked ham, Swiss, tomatoes, red onions & stoneground mustard on baguette

**P ROAST BEEF & CHEDDAR** (630 cal)  
roast beef, cheddar, lettuce, tomatoes & cracked pepper balsamic mayo on focaccia

**D.C. CHICKEN SALAD<sup>†</sup>** (580 cal)  
with lettuce & tomatoes on whole grain harvest

**ALBACORE TUNA SALAD** (610 cal)  
with lettuce & tomatoes on whole grain harvest

 **TOMATO MOZZARELLA** (730 cal)  
roasted red peppers, arugula & basil with balsamic vinaigrette on a baguette

**BBLT** (740 cal)  
smoked bacon, tomatoes, lettuce & cracked pepper balsamic mayo on Mom's white toast

## HANDCRAFTED PASTAS

Available in cafe & entree size.

**P BACON MAC & THREE CHEESE** (690/1,230 cal)  
with smoked bacon & tomato

 **MAC & THREE CHEESE** (610/1,070 cal)


**P LINGUINE & MEATBALLS** (730/1,040 cal)  
all-beef meatballs & Parmesan cheese with marinara

 **CAVATAPPI MARINARA** (340/680 cal)

**PESTO CAVATAPPI** (590/1,170 cal)  
chicken, cavatappi pasta with pesto<sup>†</sup> cream sauce

**P CHICKEN CARBONARA** (640/1,280 cal)  
chicken, smoked bacon, peas, linguine with carbonara sauce

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<sup>†</sup>Contains nuts  
 Vegetarian Item  
**P** Premium Item

# PANINI & HOT SANDWICHES

Now served with any Signature Side. Upgrade to a Primo Side at an additional charge.

## CHICKEN POMODORI PANINI† (800 cal)

chicken, basil, spinach, roasted tomatoes & provolone with pesto† mayo on sourdough

## RUSTIC ITALIAN PANINI† (1,020 cal)

salami, pepperoni, ham, roasted tomatoes, pepperoncini and provolone with pesto† vinaigrette on sourdough

## CLUB PANINI (850 cal)

oven-roasted turkey and bacon, cheddar & tomatoes with mayo on sourdough

## CALIFORNIA GRILLE PANINI† (710 cal)

grilled zucchini, artichoke hearts, roasted tomatoes, spinach & provolone with pesto† on whole grain harvest

## MEATBALL PANINI (940 cal)

beef meatballs & provolone with marinara on sourdough

## SIGNATURE SIDES

 **BAKERY CHIPS** (150 cal)

 **CARROTS** (35 cal)

**CLASSIC CAESAR SALAD** (170 cal)

 **MIXED GREENS SALAD** (100 cal)

 **ASIAN EDAMAME SALAD** (70 cal)

edamame, cabbage, cucumbers, peppers, carrots, green onions, basil & cilantro in ginger soy dressing

## PRIMO SIDES

**D.C. CHICKEN SALAD†** (230 cal)

chicken, green apples, currants, red onions, celery, mayo & toasted almonds

**ALBACORE TUNA SALAD** (260 cal)

tuna, celery, red & green onions and mayo with hints of Dijon mustard and basil

 **SEASONAL FRUIT MEDLEY** (60 cal)

 **CAVATAPPI PASTA SALAD** (140 cal)

roasted tomatoes, Asiago cheese, basil, roasted garlic and arugula in white balsamic dressing

## THE TRIO

Any 3 Signature or Primo Sides or Cup of Soup & Any 2 Sides.

## CHOOSE TWO



Mix & match 2 favorites. Additional charge may apply to Premium Items.

**1/2 SIGNATURE SANDWICH  
1/2 PANINI**

**CAFE FRESH SALAD  
CUP OF SOUP**

**CAFE HANDCRAFTED PASTA**  
Sub Big AI's Chili for an additional Charge

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 Vegetarian Item  
 Premium Item

## KIDS' LUNCH & DINNER .....

Served with choice of fresh fruit (40-110 cal) or freshly baked cookie (280-320 cal) and milk (140-300 cal), 12 oz. soft drink (0-140 cal) or kids' juice (80-100 cal). Available to guests 12 & under

### KIDS' COMBO

any half kids' sandwich paired with a small soup (220-600 cal) with choice of bakery chips (150 cal) or baby carrots (35 cal)

### KIDS' SANDWICHES

served on choice of white or harvest bread with bakery chips (150 cal) or baby carrots (35 cal)

**TURKEY** (300-390 cal)    **HAM** (310-400 cal)    **PB&J** (720-800 cal)     **GRILLED CHEESE** (560-610 cal) 

 **HOMEMADE MAC & CHEESE** (560 cal)

 **NOODLES & SAUCE** (310-470 cal)  
choice of marinara (310 cal) or cream sauce (470 cal)

**PASTA & MEATBALL** (480 cal)  
all-beef meatball and marinara sauce